



HELLO!

Have you just moved to Lyon or the Lyon area? Has your company offered you the opportunity to take up new challenges here? Has your partner persuaded you to come here to further a career? A new city, a new life... where you will have to find your feet and explore a new environment.

With this guide book, Aderly aims to help you integrate during your adaptation period. It provides key information for your first steps as a «gone» (Lyonnais word for Lyonnais!) We have done our best to include useful contacts, insider knowledge and helpful addresses.

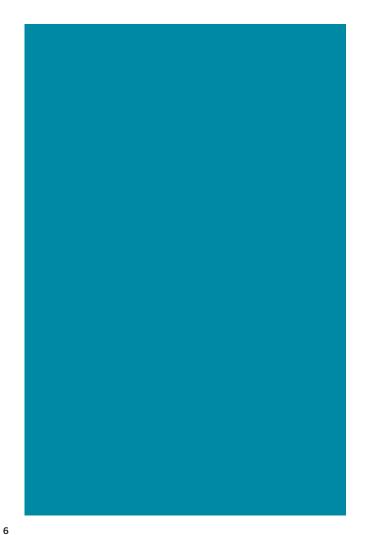
Emergency numbers, useful contacts, day-to-day information, administrative procedures, transport, international communities, culture, tourism, leisure, shopping... this guide book aims to be clear and helpful, and to become a vital part of your day-to-day life!

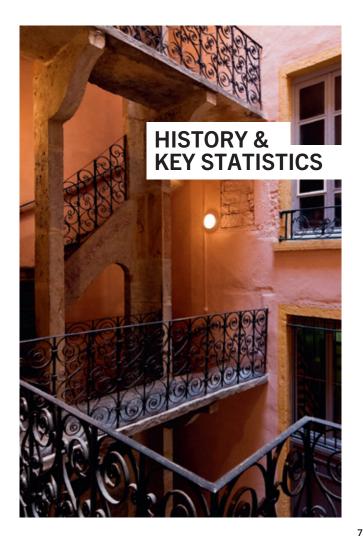
Welcome to Lyon!

We have taken every care to ensure that the information contained in this guide is correct at the time of going to press. However, it is not intended to be exhaustive.

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LOCATED AT THE CONFLUENCE OF THE SAÔNE AND THE RHÔNE, LYON HAS BEEN A LISTED UNESCO WORLD HERITAGE SITE SINCE 1998. AS THE EX-CAPITAL OF GAUL, THE CITY BOASTS 2,000 YEARS OF UNINTERRUPTED HISTORY. ITS EXCEPTIONAL HERITAGE HAS BEEN ENRICHED WITH CONTEMPORARY BUILDINGS DESIGNED BY THE ARCHITECTS RENZO PIANO. JEAN NOUVEL AND SANTIAGO CALATRAVA, AMONGST OTHERS.

SOME KEY STATISTICS ABOUT LYON AREA:

- → A population of 2.91 million in the urban area (2015)
- → A population of 1.371 million in the agglomeration (2015)
- → A population of 513,275 in the city itself (2015)
- → A surface area of 487 km²
- → 2nd largest city in France
- → 1,500 decision centres
- → the 1st largest employment centre in France after Paris
- → 54 higher education establishments
- → 160,000 university students in Lyon Metropolis, of which 13% are foreigners

LYON:

- → Has been the silk capital since the 16th century
- → Is the place where cinematography was invented and the first film shown by the Lumière brothers in 1895
- → Is the cradle of the stock

- exchange, founded in 1595, which made the city a European centre for commerce and finance
- → Is a busy meeting place, city of fairs and international trade shows
- → Is the capital of gastronomy
- → Is the home town of a number of «great Lyonnais», such as the Roman Emperors Claude and Caracalla; Ampère, the famous mathematician and physician; Jacquard, who invented the weaving loom in 1752; Marcel Mérieux, who founded the Institute named after him and is a world leader in biology; Paul Bocuse, internationally renowned chef...
- → Has a male football club, the Olympique Lyonnais, one of the best in the league since 2002
- → Has a female football club, the Olympique Lyonnais, who has won the French championship 13 times in a row and the European championship 6 times in a row.



USEFUL NUMBERS

Telephone directory enquiries

118 008 www.pagesjaunes.fr

Lyon en direct

Local authority information service 04 72 10 30 30

Tourist Information Centre

Help and information 04 72 77 69 69 Tourist guide office 04 72 77 72 33

Taxi services

04 78 28 23 23 Online booking www.allotaxi.fr

Speaking clock

3669

Weather forecast meteofrance.com

Road information

Road information www.inforoute69.fr

Traffic news 0 800 15 30 50 www.onlymoov.com

Lost property office 04 78 47 72 89

Municipal car pound 04 37 28 56 87

Maison des Avocats

SOS Urgences Mamans

Emergency childcare service 04 78 50 38 96 7:30 am to 6:30 pm Only during school holidays

Dépann'Familles : childcare service

04 78 27 71 91 Telephone helpline 8:30 am to 1 pm Monday to Friday Childcare between 7:30 am and 7 pm

EMERGENCY NUMBERS

Poison Centre 04 72 11 69 11

Central Police Station 04 78 78 40 40

EDF (electricity) safety and repairs 09 72 67 50 69

Enfance maltraitée (mistreated children helpline) open 24/7 119

Missing children 116 000

GRDF Urgence Gaz (gas emergencies) 0800 47 33 33

Duty GP surgeries 04 72 33 00 33

Police Emergency 17 From a mobile phone (all networks) 112

Fire service

Rhône Préfecture 04 72 61 60 60

SAMU

Emergency ambulance service 15

Inter-bank payment/ credit card cancellation service 0 892 705 705 SOS Lyon médecins emergency doctors (24/7) 04 78 83 51 51 Area covered: All of Grand Lyon la Métropole

SPA Animal Protection Society 08 90 43 04 37 (24/7 emergency service)

Urgences Vétérinaires Lyon (Veterinary) 04 72 30 40 40

Out-of-hours dental emergencies 04 72 11 03 61

Emergency locksmith 04 72 11 03 61

Eau du Grand Lyon (Water) 09 69 39 69 99





MEDICAL & HOSPITAL

EMERGENCIES

STATE HOSPITALS
IN LYON ARE MANAGED
BY THE HOSPICES CIVILS
DE LYON (HCL)
3 QUAI DES CÉLESTINS
- 69002 LYON
0 825 0 825 69
WWW.CHU-LYON.FR

Medical emergencies

SAMU (Emergency ambulance service) 15

SOS Lyon médecins emergency doctors

(24/7) 04 78 83 51 51

Hospitals with Emergency departments:

Hôpital de la Croix-Rousse

103 grande rue de la Croix-Rousse -69004 Lyon 04 26 10 90 81 Open 24/7. No pediatric emergency department.

Hôpital Édouard Herriot Pavillon N

5 place d'Arsonval - 69003 Lyon Open 24/7 04 72 11 69 53

Centre hospitalier Saint-Joseph Saint-Luc

10 rue Raulin - 69007 Lyon 04 78 61 80 00 Open 24/7 Languages spoken (depends on the staff available): English, German, Arabic, Armenian, Spanish, Italian, Greek, Portuguese, Vietnamese.

Hôpital Lyon Sud

Chemin Grand Revoyet - 69310 Pierre Bénite 04 78 86 16 36

CHU de Saint-Etienne

Avenue Albert Raimond - 42270 Saint-Priest-en-Jarez Emergencies: 24/7. Pediatric emergencies: 04 77 82 81 34 Intensive care emergencies: 04 77 12 78 61

Specialist emergency centres

Poison Unit -Centre Antipoison

162 avenue Lacassagne Block A - 4th floor - 69003 Lyon 04 72 11 69 11

Major Burns Unit -Centres des grands brûlés

Hôpital Édouard Herriot Pavillon I

5 place d'Arsonval - 69003 Lyon 04 72 11 75 98

Hôpital Saint-Joseph Saint-Luc

20 quai Claude Bernard - 69007 Lyon 04 78 61 80 00 Languages spoken (see Centre hospitalier)



Cardiology

Hôpital Louis Pradel 28 avenue du Doyen Lépine - 69500 Bron

04 72 35 78 62

Dialysis

Centre Hémodialyse Hôpital Édouard Herriot Pavillon P 5 place d'Arsonval - 69003 Lyon 04 72 11 01 59

Eye emergencies

Hôpital Édouard Herriot Pavillon C 5 place d'Arsonval - 69003 Lyon 04 72 11 62 33

Dental emergencies

Hôpital Édouard Herriot Pavillon A 5 place d'Arsonval - 69003 Lyon 04 72 11 03 61

Psychiatric emergencies

Hôpital Édouard Herriot Pavillon N 5 place d'Arsonval - 69003 Lyon 04 72 11 69 53

Pediatric emergencies

Hôpital Femme-Mère Enfant Groupement Hospitalier Aile Est A1

Hospitalier Aile Est A
59 houlevard Pinel

- 69500 Bron 0825 08 25 69

OUT-OF-HOURS CHEMISTS

Grande Pharmacie Lyonnaise

22 rue de la République - 69002 Lyon 04 72 56 44 14 / 00 From 7 pm to 8 am.

Pharmacie des Gratte Ciel

28 avenue Henri Barbusse - 69100 Villeurbanne 04 78 84 71 63 From 8 pm to 7 am.

Pharmacie de l'Horloge

14 place Pierre Vauboin -69160 Tassin-la-Demi-Lune 04 78 34 26 38 From 7:30 pm to 7:30 am.

Pharmacie des Portes du Sud

CC de la Darnaise, 49 bd Lénine - 69200 Vénissieux 04 72 89 40 62 From 7:30 pm to 7 am.

Pharmacie Porte des Alpes

CC Auchan Saint-Priest - 69800 Saint-Priest 04 72 37 02 31 From 9 pm to 8 am.

Condoms

You can buy condoms in chemists, from street vending machines, and in medium-sized and large supermarkets.

OUT-OF-HOURS GP

OUT-OF-HOURS DOCTOR'S SURGERY

Not all emergencies need a hospital visit! Some medical problems such as gastro-enteritis, fevers in children, earaches, superficial injuries, etc. are best treated by the out-of-hours GP service, open Monday to Friday 8 pm to midnight, Saturday from midday to midnight, and Sundays and bank holidays from 8 am to midnight.

Four GP surgeries cover the Lyon area. Before attending, call 04 72 33 00 33. Your call will be answered by a doctor who will analyse the symptoms described and, depending on their seriousness, will direct you to



the nearest out-of-hours service for an immediate appointment, the duty doctor in your area or to a more appropriate service.

General Practitioner

You must choose a GP («médecin traitant» or «médecin référent»). His/her role is to coordinate your care and treatment, i.e. the various consultations and tests required for any medical condition. You should always see your designated GP first, who will, if necessary, refer you to a specialist. You may change your GP whenever you wish.

If you do not designate a GP, you still have access to treatment but your expenses will be less well refunded. This arrangement does not apply to:

- emergency situations,
- situations that arise when you are far from your home,
- consultations with gynaecologists, ophthalmologists, dentists and paediatricians.

The form you must complete to designate your choice of «médecin traitant/référent» can be downloaded from the health department website: www.ameli.fr («formulaires» section then «médecin traitant» section).

Consulates and embassies can help you find healthcare providers who speak your language.



SAFETY

Fire Service

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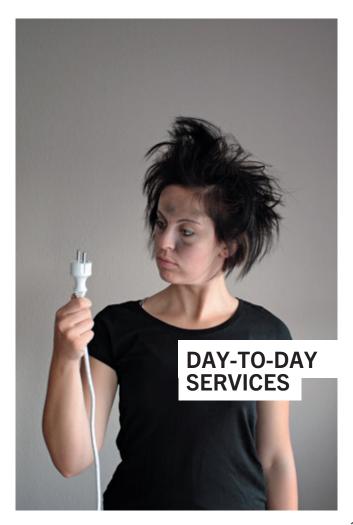
Police

For any emergency situation, you can contact the police, day or night, by dialling 17 or 112 from a mobile phone.

In the event of loss or theft of documents, vehicles, etc., you should go to the nearest police station (commissariat) before 6:30 pm to make your statement and to receive advice on what you should do.

After 6:30 pm, you should go to the Hôtel de Police

to the Hôtel de Police (Central police station): 40 rue Marius Berliet - 69008 Lyon 04 78 78 40 40



DAY-TO-DAY SERVICES

Repairs

Solutions to your plumbing, electricity, locks, shutters and windows problems.

Carglass Maison

2 rue Claude Chappe, Parc de Crécy - 69370 Saint Didier au Mont-d'Or www.carglassmaison.fr 09 70 82 17 18 agence.lyon@ carglass-maison.fr

Plumber

Techniciens lyonnais

2 rue d'Algérie -69001 Lyon Open 24/7 06 52 28 68 15

Locksmiths

Point Fort Fichet

30 rue Michel Servet - 69100 Villeurbanne 04 78 85 10 38 www.pms-securite.fr Open 24/7

Art et Fermetures

12 rue Marc Bloch - 69007 Lyon 04 72 72 91 91 www.art-etfermetures.com

Dry cleaners

There are dry cleaners in every part of the city for all budgets, from the most luxurious to the most basic. For dry cleaning, laundry services, leather and suede, soft furnishings and even accidental damage:

Matagotte

12 cours Franklin Roosevelt - 69006 Lyon 04 78 24 73 10

Pressing Saint Antoine

18 quai Saint-Antoine - 69002 Lyon 04 78 38 28 45

Sequoia Pressing (green dry-cleaning)

4 locations in Lyon: *24 rue de la Part-Dieu - 69003 Lyon 04 78 42 40 64
*29 grande rue de la
Croix-Rousse
- 69004 Lyon
04 78 27 03 24
*6 rue Joliot Curie
- 69005 Lyon
04 78 36 58 59
*3 Place Edgar Quinet
69006 Lyon
04 78 65 91 52

<u>Laundrettes</u>

S.M.H.V

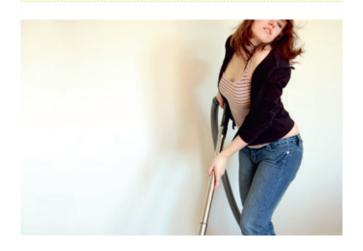
(self-service laundrette) 7 rue Mercière - 69002 Lyon 04 78 38 21 19 127 rue de Sèze - 69006 Lyon 04 78 24 71 71

Dry Laundry OXY NET

230 rue Vendôme -69003 Lyon 04 78 62 76 19

Laverie Chevreul

43 rue Chevreul -69007 Lyon www.laveriegrand-lyon.fr 06 60 04 24 92



Cleaners

Ariel Services

104 rue Mazenod - 69003 Lyon 04 78 95 27 80

menage.fr

33 rue de Bonnel - 69003 Lyon 0 800 606 606 www.menage.fr

Omega Services

17 rue de Trion -69005 Lyon 04 78 36 90 77 www.omega maison.com Area covered: Lyon metropolitan area and Bourg en Bresse.

DIY and gardening

A selection of the principal service providers:

Botanic

125 boulevard Stalingrad -69100 Villeurbanne 04 72 69 47 50 www.botanic.com

ADS Bricolage

260 cours Émile Zola - 69100 Villeurbanne 04 78 68 36 42 www.ads-bricolage.fr

Castorama

Parc d'affaires, route de Paisy - 69570 Dardilly 04 78 35 69 68 www.castorama.fr



Leroy Merlin Lyon - Bron

Aushopping Porte des Alpes - 69500 Bron 06 44 60 06 47 www.leroymerlin.fr

Shoe repairs

You will find shoe repair shops in every arrondissement of Lyon, as well as in many shopping centres railway and metro stations.

Cordo Minute

8 rue Joseph Serlin - 69001 Lyon 04 78 30 60 46

Baltayan (winner of best cobbler in France 1998) 6 place des Célestins - 69002 Lyon 04 78 37 30 50 www.baltayan.com

Cordonnerie Jacques 16 rue Bara -

16 rue Bara -69003 Lyon 04 72 13 99 72

Maitre Artisan Cordonnier Bottier Frilet Thierry

15 rue Notre Dame - 69006 Lyon 04 78 24 23 03

Saxe Services

101 cours Gambetta - 69007 Lyon 04 78 72 14 45 www.kismultiservices.fr

Cordonnerie 2000

102 cours Albert Thomas - 69008 Lyon 04 78 60 44 42

Post Office

In every part of the city you will find a branch of La Poste. Opening hours and addresses can be found on their website laposte.fr/particulier or by telephone on 3631. A few addresses:

La Grande Poste

Built between 1935 and 1938 by the architect Roux-Spitz, the long facade of the Hôtel des Postes stretches the full length of the Place Antonin Poncet which was created when the old Hôpital de la Charité was demolished.

10 place Antonin Poncet - 69002 Lyon

Terreaux

3 rue Président Édouard Herriot - 69001 Lvon

Part-Dieu

6 rue du Lac - 69003 Lvon

Croix-Rousse

167 boulevard de la Croix-Rousse - 69004 Lyon

Saint-Jean

25 quai Romain Rolland - 69005 Lyon

Guillotière

39 avenue Jean Jaurès - 69007 Lyon

BANKS

To open a bank account in France, you will need:

- To make an appointment with a customer advisor in the branch of your choice, by telephone, online or in person at the branch.
- An official form of valid photo ID: national identity card or passport.

- Proof of address, certifying your place of residence in France, dated less than
 months before your appointment: a water, electricity, gas or landline telephone or internet hill
- Most banks will request your three most recent pay slips.

Some banks offer cash machines suitable for the visually impaired and the disabled, self-service areas open 7 days a week, cash machines available 24 hours and change machines. Check the opening hours of your branch.

BNP Paribas

(Rellecour) 4 place Le Viste - 69002 Lyon 0 820 82 00 01 www.mabanque. bnpparibas.net

Banque Populaire

141 rue Garibaldi - 69003 Lvon 09 85 98 17 00 www.banque populaire.fr

Barclavs

24 rue Childebert - 69002 Lyon 04 72 69 13 93

Caisse d'Épargne Rhône-Alpes Lyon

7 rue de la République -69001 Lyon 04 27 84 12 36 www.caisse-epargne.fr

Crédit Agricole Lyon République

Assists expatriates in the fields of banking, finance, tax and social protection. 2 rue Childebert - 69002 Lvon 04 78 92 85 51 www.ca-centrest.fr

HSRC

1 place de la Bourse - 69002 Lvon 04 72 41 28 00 www.hsbc.fr

LCL

18 rue de la République -69002 Lyon 04 78 92 22 07 www.lcl.fr

Lvonnaise de Banque - CIC

8 rue de la République - 69001 Lyon 04 37 70 39 44 www.cic.fr

Société Générale

6 rue de la République - 69001 Lyon 04 72 00 57 00 www.societegenerale.fr

Banque Rhône-Alpes

5-7 rue du Bât d'Argent -69001 Lyon 04 72 98 81 81 www.banque-rhonealpes.fr

BUREAUX DE CHANGE

A few addresses amongst many:

Goldchange Goldfinger

81 rue de la République - 69002 Lvon 04 72 40 06 00 www.changegold finger.com

AOC Gasparin

20 rue Gasparin - 69002 Lyon 04 78 38 12 00 www.aocchange.com

Lyon-Saint Exupéry Airport TRAVELEX - T1 04 37 50 32 95

TRAVELEX Lvon Part-Dieu Gare SNCF 04 72 33 48 55

www travelex fr



PETS

In case of emergency:

Urgences Vétérinaires Lyon 04 72 30 40 40 www.urgencesveterinaires-Ivon.fr

VetAgro Sup (Lyon veterinary school)

1 avenue Bourgelat -69280 Marcy l'Étoile 04 78 87 07 07 24/7

SPA Société Protectrice des Animaux de Lyon et du sud-est (animal protection society for Lyon and the South East) 25 quai Jean Moulin

25 quai Jean Moulin - 69002 Lyon 04 78 38 71 71 www.spa-lyon.asso.fr If you are looking for a pet sitter or trainer, contact:

Théo Dubois Educateur Canin

www.education caninepro.fr educationcaninepro@ laposte.net 07 82 93 27 18

Zé et Compagnie

www.zecompagnie.com 06 10 56 44 10



MEASUREMENTS AND FRENCH EQUIVALENTS

Shoes

FRANCE	38	39	40	41	42	43	44	45	46
ITALY	37	38	39	40	41	42	43	44	45
UK MEN	5.5	6.5	7.0	8.5		10.5	i	12.5	13.5
UK WOMEN	5.5	6	6.5	7.5	8	9			
USA MEN	6	7	8	9	10	11	12	13	14
USA WOMEN	7	7.5	8.5	9.5	10	11	12	10	
JAPAN	24	25	25.5	26.5	27	28	28.5	29.5	30

Bra sizes

FRANCE	85A	85B	85C	85D	90A	90B	90C	90D	95B	95C	100A
	1	1			1			1			1
USA/UK	32A	32B	32C	32D	34B	34C	34D	34E	36D	36D	38B
		i			i			i			i
JAPAN	70A	70B	70C	70D	75A	75B	75C	75D	80B	80C	90A

Men's trousers

FRANCE	36	38	40	42	44	46	48
UK/USA	26	28	30	32	34	36	38

Women's skirts and trousers

FRANCE	36	38	40	42	44	46	48
UK/USA	26	28	30	32	34	36	38

Units of length

1 cm (centimetre) = 0.40 inches 1 m (metre) = 3.3 feet 1 km (kilometre) = 1.6 miles

Units of volume

1 I (litre) = 0.26 US gallons 1 I (litre) = 0.22 Canadian gallons 1 m³ (cubic metre)

= 35.3 pi³ (cubic pints)

Units of area

1 ha (hectare) = 2.47 ac (acres) 1 m² (square metre) = 10.7 sq ft (square feet)

Units of temperature

1°C (Celsius) = 33.8 °F (Fahrenheit)

Units of weight

100 g (gramme) = 350 oz (ounce) 1 kg (kilogramme) = 2.2 lb (pounds)

Units of speed

100 km/h = 62 mph (miles per hour)

In France, the speed limits are:

- 50 km/h in built up areas, except for «zone 30» areas where speed is limited to 30 km/h
- 90 km/h on national and departmental roads
- 130 km/h on motorways, reduced to 110 km/h when raining



REGISTRATION OF BIRTH

Notes → The father or other person present at the birth should declare the birth within the 5 days following the birth.

Documents to be presented → «Livret de famille», certificate issued by the doctor or midwife, acknowledgement of Paternity (if issued prior to birth) and parents' identity cards.

Where to go → Mairie of the place of birth.

Cost → Free.

CARTE GRISE - VEHICLE REGISTRATION CERTIFICATE

Request your French car registration documents (Carte Grise) online: www.cartegrise.com

The document (Carte Grise) is sent directly to your home address.

Cost → Variable depending on engine size.

A CERTIFICATE OF CIVIL STATUS (BIRTH, MARRIAGE OR DEATH)

Documents to be presented

- → Application in person at the Mairie produce a form of identity and: if necessary any other official document certifying your relationship with the person (livret de famille, etc.)
- → Application by post to the Mairie. Give the full name of the person concerned by the certificate. If necessary, provide the full usual name of their parents and any other document certifying your relationship with the person.
- → A stamped self-addressed envelope.

Where to $go \rightarrow$ At the offices of the Mairie concerned, by post or via the internet at www.service-public.fr

Cost → Free.

CERTIFICATE OF PARTNERSHIP OR COHABITATION

Notes → People living together as a couple, 2 witnesses with ID can be required.

Documents to be presented → Identity card or passport, proof of address

Where to go → Your local Mairie.

French Mairies are no longer required to provide certificates of cohabitation. Should an organisation request one, you should provide them with a sworn statement signed by both people in the couple.

Cost → Free.

NATIONAL IDENTITY CARD (CNI)

Notes → Have French nationality; valid 10 years; renewals and first applications for a CNI follow the same procedure.

Documents to be presented \rightarrow 2 identity photos meeting official requirements; birth certificate, passport or national identity card (CNI); the form requesting a national identity card (provided on-site); preapplication number (if you have completed the online pre-application procedure).

Where to go → Your local Mairie or www.service-public.fr An online pre-application process is available.

Cost → Free.

REGISTRATION OF DEATH

Notes → A death must be registered within 24 hours.

Documents to be presented → Declarant's proof of identity, the deceased person's family record book (livret de famille) or birth certificate, the deceased's identity card and a death certificate provided by the doctor, police station or gendarmerie.

Where to go → The Mairie of the place of death.

Cost → Free.

BUILDING APPLICATION

Notes → Applications must be made 2 months in advance for individual buildings and 3 months in advance for other buildings.

Documents to be presented → Further information from the Mairie

Where to go → Mairie; Service Urbanisme Appliqué 198 avenue Jean Jaurès - 69007 Lyon. 04 26 99 63 80



FAMILY CIVIL STATUS BOOK

Notes → This book provides proof of your family rights (name, relationship, parental authority and succession rights), the rights and duties of married couples, their obligations and their choice of marriage contract, and the right to French nationality.

Where to go → The Mairie of the place of residence, the Mairie of the place of marriage or the Mairie of the first child's place of birth.

Cost \rightarrow The 1st and 2nd family civil status book s are always free of charge. For the 3rd and subsequent books, a fee may be charged if agreed by deliberation of the Municipal Council.

MILITARY CENSUS, CITIZEN CENSUS, OR DEFENCE AND CITIZENSHIP DAY

Notes → Everyone of French nationality must be registered by census at the age of 16 so that they can be summoned to the Defence and Citizenship Day (Journée Défense et Citoyenneté, JDC).

Documents to be presented → Proof of ID, updated livret de famille

Where to go \rightarrow Your local Mairie; at the consulate or French diplomatic service for residents abroad, or at www.service-public.fr

PASSPORT

Notes → Request to be made in person. It is no longer possible for a child (minor) to be registered on his or her parents' passports (fingerprints taken).

Documents to be presented → 2 passport photos; a tax stamp (timbre fiscal) worth €86; a proof of address; an identity card (original + photocopy) or birth certificate less than 3 months old (extract showing filiation or full copy); the old passport; proof of marital status; the pre-application available online (www.service-public.fr) or the form available at the counter.

Where to go → Your local Mairie (appointment required).

Cost → €86 in «timbre fiscal» (tax stamp).

CRIMINAL RECORD

Notes → Application by the person concerned or their legal representative.

Where to go → By post: Casier Judiciaire National, 107 rue du Landreau 44317 Nantes Cedex 03; or online at www.cjn.justice.gouv.fr Voice server 02 51 89 89 51 or online at www.casier-judiciaire.justice.gouv.fr

Cost → Free.



MARRIAGE

Documents to be presented → Original proof of identity and a photocopy; proof of address or of residence; information about the witnesses (surnames, first names, place and date of birth, profession and domicile, copy of their passports or identity cards); birth certificate (full copy or extract showing filiation) a maximum of 3 months old if the issuing body is French, or a maximum of 6 months old if from a foreign issuing body.

Where to go → The Mairie of the commune chosen for the ceremony.

Cost → Free.

LE PACS (CIVIL PARTNERSHIPS)

Notes → Partners of foreign nationality who are in a French civil partnership (PACS) must provide proof of at least one year of cohabitation to obtain a French residence permit and must have reached the legal age of majority in their own country.

Documents to be presented →

For a French national: a personalised civil partnership agreement (convention de Pacs) or the completed French cerfa form n°15726*02; a joint statement of civil partnership (déclaration conjointe d'un pacte civil de solidarite, Pacs); a sworn statement that you are unrelated by blood or marriage and live together (French cerfa form n°15725*02); birth certificate (full copy or extract showing filiation) less than 3 months old; and, valid proof of identity (national identity card, passport etc.) issued by a state administration service (original + 1 photocopy).

For a foreign national: a personalised civil partnership agreement (convention de Pacs) or the completed French cerfa form n°15726°02), joint statement of civil partnership (déclaration conjointe d'un pacte civil de solidarite, Pacs); a sworn statement that you are unrelated by blood or marriage and live together (French cerfa form n°15725*02); birth certificate (full copy or extract showing filiation) less than 6 months old with translation by a French sworn translator (traducteur assermenté) or consular authority. Depending on the country, the birth certificate must carry an authenticity stamp (apostille) or be legally certified, or be exempt (enquire at the embassy or consulate of the country that issued the certificate); proof of identity (national identity card, passport etc); certificate of custom issued by the foreign country's competent authorities or diplomatic post - this certificate indicates applicable State legislation and states which of the State's documents prove the partner is of the age of legal majority, single and legally competent.

If you were born abroad, a French certificate stating that you are not part of a French civil partnership (certificat de non-Pacs) less than 3 months old. You can request this document from the Central Department for Civil Status - Civil Records Registry (French Service central d'état civil - répertoire civil) using the French cerfa form n°12819*05 (legibly completed) or by email using the required template. If you have lived in France for over a year, a certificate declaring that you are not registered on the French Civil Records Registry (répertoire civil) thereby confirming that you are not under administrative supervision (tutelle) or protection of vulnerable adults (curatelle). This document should be requested by post, by fax (if urgent) or by email from the Central Department for Civil Status - Civil records registry (Service central d'état civil - répertoire civil) and with the surnames, first names, dates and places of birth, and the address to which the certificate should be sent.

Further documentation may be requested if the application is incomplete or difficult to read.

Where to go → At your town hall or to a notary.

Cost→ Free.

VOTING CARD

Documents to be presented → A completed registration form, a form of ID, proof of address less than 3 months old (French cerfa form n°12669*02).

Where to go → Mairie of the arrondissement of residence.

Cost → Free.

«CERTIFICAT DE NON-GAGE»

Notes → Certifies a vehicle's administrative status. Valid for 15 days.

Documents to be presented → Vehicle registration document (carte grise) or the vehicle's references, ID, report of loss or theft if required.

Where to go → Online at www.histovec.interieur.gouv.fr

Cost → Free.

CERTIFICAT DE SCOLARITÉ (PROOF OF A CHILD'S REGISTRATION AT A SCHOOL)

Where to go → From the school's head teacher.

Cost → Free.



LYON SAINT- EXUPÉRY INTERNATIONAL AIRPORT AND ITS TGV STATION MAKE AIR-RAIL CONNECTIONS SIMPLE AND PROVIDE EASY ACCESS TO THE TGV FAST TRAIN NETWORK AND TO EXCELLENT MOTORWAY CONNECTIONS.

CITY TRANSPORT IS PROVIDED BY OVER 120 URBAN LINES WITH NIGHT SERVICES AND EXPRESS SERVICES, 4 METRO LINES, 2 CABLE CARS AND 6 TRAMWAY ROUTES.

AIRPORTS

Lyon-Saint Exupéry Airport

25km to the east of Lyon and operating 24 hours a day. Information 0 826 800 826 www.lyon aeroports.com

Accessing the airport

The Rhônexpress tram runs every day, all year, between the airport and the centre of Lyon in less than 30 minutes. Departs from Part-Dieu train station, the Vaulx en Velin La Soie metro station and from the Meyzieu ZI tram station.

Leaves every 30 minutes between 4:25 and 6 am and between 9 pm and midnight, and every 15 minutes between 6 am and 9 pm. Tickets available online, ticket machines in all Rhônexpress stations or on board. www.rhonexpress.fr

You can also hire a car at the airport, where the most car hire companies are represented.

Money

You will find 2 cash machines available 24 hours a day, one of them located on the first floor of Terminal 1, the other on the ground floor of Terminal 2.

change machine located in Le Centre, allée Quest

Currency exchange

2 counters located in Terminal 1: Ground floor: 8 am -7:30 pm every day 04 37 50 32 95 First floor (at Place Des Lumières): 5:30 am - 9:30 pm every day 04 78 40 98 28

Post office relay

Terminal 2 8 am - 7:30 pm every day To call: 36 31

Customs

Duty free purchases, customs formalities and declarations. For information, call 0 811 20 44 44 or see www.douane.gouv.fr

Main airlines companies

Over 40 scheduled airlines and 44 charter companies fly to 40 countries and over 131 national and international destinations from Lyon-Saint Exupéry.

Air France

36 54 or 0 892 70 26 54 www.airfrance.fr

British Airways

0825 825 400 www.british airways.com

easyJet

www.easyjet.com 0820 42 03 15

Iberia

0825 800 965 www.iberia.com

Emirates

01 57 32 49 99 www.emirates.com

Air Canada

08 25 88 08 81 www.aircanada.com

Lufthansa

0 892 231 690 www.lufthansa.com

SAS Scandinavian Airlines

0825 325 335 www.flysas.com

Lyon-Bron Airport

One of the largest general aviation platforms in France, specialising in business, leisure and public service flights. Open 6:30 am to 10:30 pm.

Free parking 24/7.

Reception 04 78 26 81 09 www.lyon aeroports.com 0 825 10 69 69





TAXIS

Credit and debit cards are accepted if the logo is displayed in the vehicle The price to pay is that shown on the counter at the end of your journey, with the following supplements for collection from the airport, 4 or more adults, luggage, pets, road tolls, night times, Sundays and bank holidays, snow or icecovered roads

Non-exhaustive list of taxi companies:

Allo Taxi

04 78 28 23 23 www.allotaxi fr

Espace Taxi 06 09 33 46 41

Lyon International Taxi

04 78 88 16 16 www.lyoninternational-taxi fr

Lyon Taxi Prestige 06 87 97 47 90

www.lyontaxi prestige.com

Operator Taxis à Lyon 04 78 37 28 75

www.operator. taxis.free.fr

Taxis Aéroport

04 72 22 70 90 www.taxislvon aeroport.com

Taxi Fabrice 06 80 21 59 26

Taxis Lyon 06 18 04 44 47 www.taxislyon.com

Taxi Lyonnais

04 78 26 81 81 www tl fr

Taxi Radio

04 72 10 86 86 www.taxilyon.com

Average cost of a taxi ride *

Prices are indicative only and vary according to the chosen company, and the time of day/night (night = 7 pm to 7 am)

Lyon-Saint Exupéry airport - Lyon city centre: €54 (day), €75 (night).

Part-Dieu station -Place Bellecour: €18 (day), €20 (night).

Perrache station -Stade Gerland: €18 (day), €20 (night).

Perrache station -Cité Internationale: €19 (day), €23 (night).

Lyon-Saint Exupéry airport - Eurexpo: €40 (day), €55 (night). Part-Dieu station -Eurexpo: €21 (day), €30 (night)

* example of rates on 1/5/2019

CAR HIRE

Avis

0820 61 16 58 www.avis.fr

Hertz

www.hertz.fr

Europcar

0 825 358 358 www.europcar.fr

Enterprise Rent-a-Car

www.enterprise.fr

- Airport
 04 72 22 74 87
- Perrache station 04 72 72 94 05
- Part Dieu station
 04 78 53 46 89

Budget

0825 00 35 64 www.budget.fr

Sixt

03 89 08 61 21 www.sixt.fr

Renault Rent

04 72 20 72 94 www.renaultretail-group.fr

Car hire with driver

CHABÉ Rhône-Alpes

6 rue des Pâquerettes - 69500 Bron 04 78 00 42 00 www.chabe.fr

Great Chauffeur Limousine

04 72 27 54 73 www.great chauffeur.com

SNCF

(Société Nationale des Chemins de Fer Français)

TGV Stations

- Part-Dieu
- Perrache
- Lyon-Saint Exupéry Airport

TGV Station services

- Restaurants
- Newsagents/ gift shops
- Taxis
- · Car hire
- Porters
- · Cash machines
- Public telephones
- Tobacconists
- Florists
- Police
- Food
- Gifts
- · Arts & Culture
- Recreation

There are also
TER Station (Train
Express Régional:
local express intercity
connections) at Jean
Macé, Gorge de Loup,
Saint-Paul and Vaise.

Tickets can be bought

at station ticket offices, SNCF outlets, certified travel agents and other certified points of sale as well as at automated ticket machines. They can also be ordered by telephone (direct line) or via the internet on the websites of the SNCF and other certified partners.

Reservations 3635

PUBLIC TRANSPORT

Transport en Commun Lyonnais (TCL), Lyon's bus, tram and metro network. Transport runs from 5 am to midnight, 7 days a week.

For all route and timetable information visit www.tcl.fr or call the Allo TCL hotline on 04 26 10 12 12.

Tickets can be bought from:

- Automatic ticket machines in all metro and tram stations.
- Service points (tobacconists or newsagents displaying the TCL logo).
- TCL sales outlets.
- Bus drivers for single trip tickets, and 2-hour and 1-day Liberté passes.



Tickets

- Single trip tickets: valid for 1 hour after stamping. Changes allowed.
- Book of 10 tickets: same validity conditions as for single trip tickets. Reductions are available for students, school pupils and large families.
- Liberté ticket: valid for 2 hours (from 9 am), one day or one evening from the first stamp. Changes

and return journeys permitted.

• Passes: a range of monthly or annual passes are available for the TCL network for unlimited use for one or more calendar months, consecutive or otherwise

A form of ID, proof of address, a passport photo and the cost of the card are required to purchase a pass for the first time.

TCL sales outlets

- Bellecour6 Place Bellecour69002 Lyon
- Gorge de Loup Metro line D (Gorge de Loup)
- Grange Blanche Metro ligne D (Grange Blanche)
- La Soie

6 avenue des Canuts - 69120 Vaulx-en-Velin

Perrache

Perrache bus station - 69002 Lyon

Part-Dieu

11 boulevard Vivier Merle

- 69003 Lyon
- Givors

2 avenue Roger Salengro

- 69700 Givors

Parcs relais (Park and ride stations)

Over 7,100 free car parking spaces are available accross the 21 different parking lots made available by the TCL network. They are located close to metro or tram stations or major TCL changeover points.

VÉLO'V

Simple, eco-friendly and useful for short trips in the city. Grand Lyon la Métropole offers a 24/7cycle hire service consisting of bikes available in 348 automated cycle parks.



By March 2020, the network will have grown with:

- +80 new cycle park
- + 1.000 bikes
- + 21 new communes Users must simply be over the age of 14 and own a Vélo'v card.

Short and long-term subscriptions available. The first half-hour is free. 01 30 79 33 40 www.velov. grandlyon.com

Self-service eletric scooters are also available for hire: you will find them anywhere you want all over the city!

CARSHARING

Self-service cars

Citiz LPA Grand Lyon

Cars available on a self-service basis, pay only for what you use. A flexible, economical system: reservations 24/7 via internet or by phone. Cars are located in LPA (Lyon Parc Auto) car parks in Lyon.

Lyon Parc Auto

Store
13 rue Antoine Salles
- 69002 Lyon
Ground floor,
Cordeliers Parking
04 72 41 67 12
www.lpa.citiz.coop

Bluely

Electric vehicle carsharing program in Grand Lyon la Métropole. 300 cars available on a selfservice basis 24/7. Cars or parking spaces can be reserved free of charge. www.bluely.eu 04 72 69 69 69

Yea!

Self-service cars available 24/7, no reservation needed, in a predifined perimeter. 04 72 41 67 12 www.yea.citiz.coop

CAR PARKING

Tariffs, times and maximum street parking time vary from zone to zone. The name of the zone is displayed on each parking meter.

Depending on the area, 4 tariffs are applied:

- PRESTO (short stay) in the commercial heart of the city.

 Maximum stay:

 1 hour 30 minutes.
- TEMPO (mid stay) in other areas. Maximum stay: 3 hours.

The city is equipped with a large number of car parks to make parking easy. These are private or public, the latter being managed by Lyon Parc Auto.

Lyon Parc Auto (LPA)

2 place des Cordeliers - 69002 Lyon 04 72 41 65 25 www.lpa.fr

If you live in an area covered by fee-paying street parking, you are entitled to residents' street parking with daily, weekly or monthly ticket systems. These can be bought at machines in certain Lvon Parc Auto car parks (Terreaux, Antonin Poncet, Gros Caillou, Morand, Fosse aux Ours, gare Part-Dieu, Saint Jean) and some Mairies

Warning!
If your vehicle is badly parked, it may be removed and

impounded.
Further information
can be found on the
website www.lyon.fr
(«déplacement»
section)

Parking, traffic wardens, car pound, fines:

04 72 10 30 30

MOTORWAY LINKS

The excellent motorway network around the city means that Lyon is only a few hours' drive from many main French and European cities. Virtually all the roads open to traffic are publicly owned. However, they are managed by several different organisations. For any questions concerning the motorways, services, tolls and subscriptions, contact:

Autoroutes Paris-Rhin-Rhône

Call 36 20 and say "mon autoroute" (no additional charge) www.aprr.fr

Autoroutes du Sud de la France (ASF) 36 05

www.vinciautoroutes.com

Centre Régional d'Information et de Coordination Routières (Regional Road Information and Coordination Centre)

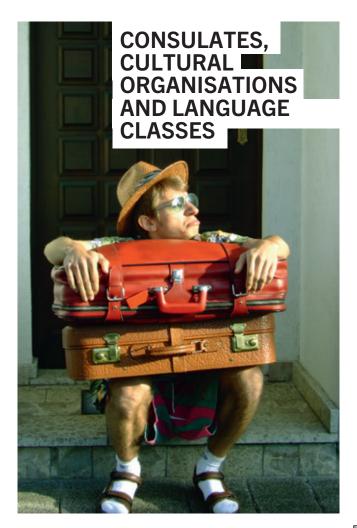
www.bison-fute. gouv.fr

Périphérique Nord

04 72 27 44 44 www.peripherique nord.com

Onlymoov

Real-time traffic information and forecasts for the Lyon metropolitan area. www.onlymoov.com



FOR PRACTICAL
INFORMATION ON
EXPATRIATION:
EXPATRIATION.ORG,
LYONALACARTE.COM,
WWW.LYON.FR

CONSULATES

Algeria

126 rue Vauban - 69006 Lyon 04 72 83 85 50

Germany

33 boulevard des Belges - 69006 Lyon 04 72 69 98 98 www.lyon.diplo.de

Austria

27 rue de la Villette - 69003 Lyon 06 30 93 92 74

Belgium

8 rue de la République - 69001 Lyon 04 78 62 67 38 www.diplomatie. belgium.be/fr

Brazil

63 avenue de Saxe - 69003 Lyon 04 72 60 55 68

Canada

3 place de la Bourse - 69002 Lyon 09 62 56 59 01

China

26 rue Louis Blanc - 69006 Lyon 04 37 24 83 05

Denmark

136 cours Lafayette - 69003 Lyon 04 78 95 98 22

Spain

1 rue Louis Guérin - 69100 Villeurbanne 04 78 89 64 15 www.exteriores.gob .es/consulados/lyon

United States of America

1 quai Jules Courmont - 69002 Lyon 04 78 38 36 88 fr.usembassy.gov/fr

Finland

63 montée du Chemin Neuf - 69005 Lyon 04 78 36 72 76

Greece

7 rue Barrême - 69006 Lyon 04 78 89 46 69

Ireland

158 av. Roger Salengro - 69100 Villeurbanne 04 37 28 18 64

Italy

5 rue Commandant Faurax - 69006 Lyon 04 78 93 00 17 www.conslione.

Japan

131 boulevard Stalingrad - 69100 Villeurbanne 04 37 47 55 00

Morocco

2-4 rue Carry - 69003 Lyon 04 72 36 96 17

Netherlands

104 rue du Président Edouard Herriot - 69002 Lyon 04 78 37 45 97

Portugal

71 rue Crillon - 69006 Lyon 04 78 17 34 40

Russia

66 rue Cuvier - 69006 Lyon 04 78 90 26 54

Switzerland

4 place Charles Hernu - 69100 Villeurbanne 04 72 75 79 10

Tunisia

14 avenue Maréchal Foch - 69006 Lyon 04 78 93 42 97

In Saint-Étienne

Algeria

6 rue Richard -42100 Saint-Étienne 04 77 59 31 41

Madagascar

7 rue Claude Lebois - 42000 Saint-Étienne 04 77 32 66 63

CULTURAL ORGANISATIONS

AND INTERNATIONAL EXCHANGES

American Club of Lyon

BP 2060 69226 Lyon Cedex 02 06 67 43 20 81 www.american clublyon.org

Brazilian cultural association Gingando

28 rue Denfert Rochereau - 69004 Lyon 06 61 82 32 30 www.gingandocapoeira-lyon.com

France-Canada association of Lyon

7 rue Major Martin - 69001 Lyon 04 78 31 52 82 www.niouze.info/ france-canada

Franco-German association

Le Sympa-Tisch 06 81 28 59 53 www.association sympatish. blog4ever.com

French-Polish Institute

Maison Européenne 20 rue Louis Guérin - 69100 Villeurbanne 04 72 34 51 49

AVF Lyon

5 place de la Baleine - 69005 Lyon 04 78 42 50 03 www.avf-grandlyon.com

Association for Japanese Nationals in Lyon and Rhône Alpes

34 rue Victor Hugo - 69002 Lyon 06 73 88 52 91 www.lyon-japon.net

Lyon Québec Association

37 rue Bossuet - 69006 Lyon www.lyon-quebec.fr

Jacques Cartier Centre

26 place Bellecour -Bât A - 69002 Lyon 04 78 60 98 48 www.centrejacques cartier.com

Italian Cultural Institute of Lyon

18 rue François Dauphin - 69002 Lyon 04 78 42 13 84 www.iiclione.esteri.it

Franco-Chinese association of the Lyon region

36 avenue Lacassagne - 69003 Lyon 06 70 65 11 37 www.aafc-lyon.com

Association of Chinese Culture and Language

Nihao Lyon 5 rue Capitaine Robert Cluzan - 69007 Lyon 07 68 00 55 79 www.nihaolyon.com

Act4

Association offering activities and discussions in English www.act4.fr

Lyon International

7 rue Major Martin - 69001 Lyon 04 78 30 59 37 www.lyoninternational.org

Rhône-Alpes Latin American and Caribbean Centre

3 place de la Bourse - 69002 Lyon 04 78 30 14 08 www.maison-latinerhone-alpes.com

Monday Club

127 bis rue Servient - 69003 Lyon 04 72 41 83 22

New Franco-Chinese institute of Lyon

2 rue Soeur Bouvier - 69005 Lyon 04 81 65 84 60 www.ifc-lyon.fr

In Saint-Étienne

Turkinsh Cultural Association

15 rue Saint-Just -42000 Saint-Étienne www.acts42.fr

Loire Ukraine-Russia Association

4 rue André Malraux - 42000 Saint-Étienne 04 77 32 70 97

More organisations on the city's website www.lyon.fr (in the « associations » section).

LANGUAGE CLASSES

French

Alliance Française

11 rue Pierre Bourdan - 69003 Lyon 04 78 95 24 72 www.aflyon.org

Centre International d'Études Françaises (CIEF)

16 quai Claude Bernard - 69007 Lyon 04 78 69 71 35 www.cief.univ-lyon2.fr

Greta Ampère

161 cours Emile Zola - 69100 Villeurbanne 04 72 37 78 61

Inflexyon

48 rue Quivogne - 69002 Lyon 04 78 39 77 02 www.inflexyon.com

Institut de Langue et de Culture Française (ILCF)

23 place Carnot - 69002 Lyon 04 72 32 50 53 www.ilcf.net

Lyon Bleu International

82 rue Duguesclin - 69006 Lyon 04 37 48 00 26 www.lyon-bleu.fr

Other languages:

Associations Langues et Cultures

English, Italian and Spanish for children 89 rue André Bollier - 69007 Lyon 04 72 71 42 36

Greta Ampère Espace Langues

English, Italian, Spanish, German, Chinese, Arabic, French as a Foreign Language, etc. 27 rue Gentil - 69002 Lyon 04 72 10 65 90

Inlingua

English, Italian, Spanish, German, Russian, Japanese, Chinese, Portuguese 74 rue de Bonnel - 69003 Lyon 04 78 62 72 57 www.inlingua-lyon.com

Kotopo

Classes in rare languages 14 rue René Leynaud - 69001 Lyon 04 72 07 75 49 www.kotopo.net

eife2f

3 grande rue des Feuillants - 69001 Lyon 04 78 39 04 88 www.eife2f.fr

<u>In Saint-Étienne</u> Wall Street English

3 rue Robert - 42000 Saint-Étienne 04 77 25 00 20

Berlitz

21 rue de la Talaudière - 42000 Saint-Étienne 04 77 49 52 58 More than 40 languages available





THE FRENCH SCHOOL SYSTEM

IN FRANCE, SCHOOLING IS COMPULSORY FOR CHILDREN AGED 6 TO 16 YEARS. CHILDREN CAN ATTEND SCHOOL FROM THE AGE OF 2. TEACHING IS SECULAR AND FREE IN STATE SCHOOLS. TO FIND OUT ABOUT INTERNATIONAL SCHOOLS, ASK FOR THE INTERNATIONAL SCHOOLS GUIDE FROM THE PUBLISHER, ADERLY, OR DOWNLOAD IT FROM THE WEBSITE WWW.INVESTINLYON.COM (SEE «DOCUMENTATION», THEN «THEMATIC BROCHURES»).

Main contacts:

DSDEN du Rhône

21 rue Jaboulay - 69007 Lyon 04 72 80 67 67 www.ac-lyon.fr/ dsden69

DSDEN Saint-Étienne

11 rue des Docteurs Charcot - 42100 Saint-Étienne 04 77 81 41 00 www.ac-lyon.fr/ dsden42

Le Rectorat de Lyon

(secondary)
92 rue de Marseille
- 69007 Lyon
04 72 80 60 60
www.ac-lyon.fr

Universities

Lyon has four main universities and a range of institutes and higher education establishments. All the universities have adopted the European teaching structure of Bachelors-Masters-Doctorate.

Université Claude Bernard Lyon 1

Houses the faculties of:

- Science
- Medicine and pharmacy
- Science and technology
- Sports and sports science

43 boulevard du 11 Novembre 1918 - 69100 Villeurbanne 04 72 44 80 00 www.univ-lyon1.fr

Université Lumière Lyon 2

Offers a wide range of courses in 3 fields:

- Arts, Letters, Languages
- Human and Social
 Sciences
- Law, Economics and Management
- 7 institutes including the "Institut Universitaire de Technologie Lumière" (Technology) and the «Institut d'Études Politiques» de Lyon (Political studies)

86 rue Pasteur - 69007 Lyon Berges du Rhône Campus Porte des Alpes Campus 04 78 69 70 00 www.univ-lyon2.fr



Université Jean Moulin Lyon 3

Lyon 3 has a language and letters centre as well as geography, land economy and history departments and France's first IAE (Company management institute). 11 bachelors programmes and 3 masters programmes with over 80 specialities:

- Law
- Languages

- Letters and civilizations
- Philosophy
- Business
 Administration
 Institute (IAE)
- University Technical

1C avenue des Frères Lumière - 69372 Lyon CS 78242, Cedex 08 04 78 78 78 www.univ-lyon3.fr

Université Catholique de Lyon

Founded in 1875, the Université Catholique de Lyon offers 5 faculties:

- Theology and Religious Sciences
- Philosophy and Humanities
- Law, Economics and Social Sciences Letters and Languages
- Sciences

10 place des Archives - 69002 Lyon 04 72 32 50 12 www.ucly.fr

Grandes Écoles (élite higher education establishments)

CNAM Conservatoire National des Arts et Métiers

4 rue Ravier - 69007 Lyon 04 78 58 19 17 www.cnam-auvergne rhonealpes.fr

CPE Lyon École Supérieure de Chimie Physique Électronique

43 boulevard du 11 novembre 1918 - 69100 Villeurbanne 04 72 43 17 00 www.cpe.fr

ECAM École Catholique d'Arts et Métiers 40 montée

Saint-Barthélemy - 69005 Lyon 04 72 77 06 00 www.ecam.fr

École Centrale de Lyon

36 avenue Guy de Collongue - 69130 Écully 04 72 18 60 00 www.ec-lyon.fr

École Nationale des Travaux Publics de l'État (ENTPE)

3 rue Maurice Audin - 69120 Vaulx-en-Velin 04 72 04 70 70 www.entpe.fr

École Nationale Supérieure de Police 9 Rue Carnot

- 69450 Saint-Cyrau-Mont d'Or 04 72 53 18 50 www.ensp.interieur. gouv.fr

VetAgro Sup (veterinary school)

1 avenue Bourgelat - 69280 Marcy l'Étoile 04 78 87 25 25 www.vetagro-sup.fr

École Normale Supérieure (ENS)

15 parvis René Descartes - 69007 Lyon 04 37 37 60 00 www.ens-lyon.fr

EMLYON Business School

23 avenue Guy de Collongue - 69130 Écully 04 78 33 78 00 www.em-lyon.com

École Nationale Supérieure d'Architecture de Lyon (ENSAL)

3 rue Maurice Audin - 69120 Vaulx-en-Velin 04 78 79 50 50 www.lyon.archi.fr

École Supérieure de Commerce et Management (ESDES)

23 place Carnot - 69002 Lyon 04 72 32 50 48 www.esdes.fr

Institut National des sciences appliquées de Lyon (INSA)

20 rue Albert Einstein - 69100 Villeurbanne 04 72 43 83 83 www.insa-lyon.fr

In Saint-Étienne

Université Jean Monnet

10 rue Tréfilerie - 42023 Saint-Étienne 04 77 42 17 00 www.univ-st-etienne.fr

École Supérieure d'Art et Design (ESADSE)

3 rue Javelin Pagnon - 42048 Saint-Étienne 04 77 47 88 00 www.esadse.fr

École d'Architecture (EASE)

1 rue Buisson - 42003 Saint-Étienne 04 77 42 35 42 www.st-etienne. archi.fr

École des Mines (ENSM.SE)

158 cours Fauriel - 42023 Saint-Étienne 04 77 42 01 23 www.emse.fr

EMLYON Business School

51-53 cours Fauriel - 42009 Saint-Étienne 04 77 49 24 50 bba.em-lyon.com/fre





Anglican

Lyon Anglican Church

63 rue des Essarts - 69500 Bron 04 78 59 67 06 www.lyonchurch.org Services in English on Sundays at 10:30 am

Buddhist

Lamrim Buddhist Centre

220 grande rue de la Guillotière - 69007 Lyon 04 72 71 96 28 www.meditation -lyon.org

Catholic

www.lyoncatholique.fr www.messes.info

Basilica of Notre Dame de Fourvière

8 place de Fourvière
- 69005 Lyon
04 78 25 13 01
Masses Monday to
Saturday at 7:15 am,
11 am, 5 pm and
5:30 pm in the virgin's chapel.

Sundays at 7:30 am, 9:30 am and 11 am. www.fourviere.org

Cathedral of Saint-Jean-Baptiste

Place Saint-Jean
- 69005 Lyon
09 81 15 74 01
From Monday to
Saturday: Chapter
mass at 9:00 am.
From Monday to
Friday: mass at
7:00 pm.
Sundays: mass at
8:30 and 10:30 am.
www.cathedrale-lyon.fr

l'Hôtel Dieu Chapel

1 place de l'Hôpital - 69002 Lyon Mass on Tuesday, Thursday, Friday at 12:15 pm and Sunday at 11:30 am. Mass in English every first Saturday of the month at 7pm www.saintbonaventure.fr

Saint-Martin d'Ainay

11 rue Bourgelat - 69002 Lyon 04 72 40 02 50 Mass onTuesday, Wednesday and Thursday at 8:30 am and on Sunday at 10:30 am.

Saint-Paul

3 place Gerson - 69005 Lyon 04 78 28 67 93 Mass on Saturday at 6 pm. In Croatian once a

Jewish

Great Synagogue

13 quai Tilsitt
- 69002 Lyon
04 78 37 13 43
Services: Monday
7 am, Thursday 7 am
and 7:15 pm, Friday
7:15 pm, Sunday
7:45 am, 7:15 pm.
Sabbath 9 am, 10:15
am, 8:30 pm, 10 pm
www.consistoire
delyon.fr

Beth Hamidrach of the Fraternity Synagogue

4 rue Malherbe -69100 Villeurbanne 04 78 84 04 32 www.consitoire villeurbanne.org

Neveh Shalom Synagogue

317 rue Duguesclin - 69007 Lyon Morning services at 6:45 am, Sabbath and holidays at 8:30 am, Sunday and bank holidays 7:45 am.

Muslim

Lyon Great Mosque

146 boulevard Pinel - 69008 Lyon 04 78 76 00 23 www.mosquee-lyon.org

La Duchère and Tawba Mosque

509 avenue de la Sauvegarde -69009 Lyon 04 78 35 64 81 www.mosqueede laduchere.fr

Othmane Mosque

51 rue Octavie - 69100 Villeurbanne 04 78 85 57 25 www.mosquee othmane.org Friday service at 1 pm

Orthodox

www.lyonorthodoxie.com

Armenian Apostolic Church

295 rue André Philip - 69003 Lyon 04 78 60 47 18 10:30 am service in Armenian on Sundays and festive days www.acam-france.org

Greek Orthodox Church of the Annunciation

45 rue du Père Chevrier - 69007 Lyon 04 78 72 80 77 Divine Liturgy on Sundays in Greek at 10 am and in French at 6 pm

Russian Orthodox Church of Saint-Nicolas

5 rue Sainte-Geneviève
- 69006 Lyon
04 78 24 72 66
Divine Liturgy:
Sundays at10 am,
9 am during the week.
Slavonic and French
services

Protestant

Lutheran church of Lyon

12 rue Fénelon - 69006 Lyon 04 78 52 15 58 Service on Sundays at 10:30 am

Le Grand Temple or Temple des Brotteaux

3 quai Augagneur
- 69003 Lyon
04 78 62 67 59
Service on Sundays
at 10:30 am and
5:30 pm. Last Supper
celebrated every
fortnight. Places
of worship vary
according to the week
www.grandtemple.fr

Temple des Terreaux

10 rue Lanterne - 69001 Lyon 04 78 27 77 55 Service on Sundays at 10:30 am www.templelanterne.fr





MUSEUMS

Musée d'Art Contemporain (Museum of Contemporary Art)

The Museum of Contemporary Art, designed by Renzo Piano, is close to the Tête d'Or park, at the Cité Internationale. It is one of the exhibition sites for the Bienniale of Contemporary Art.

81 quai Charles de Gaulle Cité Internationale - 69006 Lyon 04 72 69 17 17 Tuesday to Friday 11 am to 6 pm.

Saturday & Sunday 11 am to 7 pm. Closed on January $1^{\rm st}$, May $1^{\rm st}$, and December 25th.

www.mac-lyon.org

Musée des Beaux-Arts de Lyon (Lyon Museum of Art)

In a former 17^{th} century royal abbey, the Abbey of the Dames de Saint-Pierre, is one of the most important art collections in Europe. The collection includes French, Italian, Spanish, Flemish and Dutch art from the Middle Ages to the present day.

Palais Saint-Pierre
20 place des Terreaux - 69001 Lyon
04 72 10 17 40
www.mba-lyon.fr
Open every day except Tuesdays
and bank holidays, 10 am to 6 pm,

Fridays 10:30 am to 6 pm.
Themed evening opening on the 1st Friday of every month, 6 pm to 10 pm from November to June.

Musée Gadagne

At the heart of Vieux-Lyon, the Gadagne ensemble is a magnificent Renaissance building housing two museums:

- The Musée d'Histoire de Lyon (Lyon City History Museum) retraces the urban, economic, political and cultural history of the capital of Gaul until today.
- The Musée des Marionnettes du Monde (Museum of Puppets from around the World) houses a collection of over 2,000 puppets and over a thousand sets, costumes and accessories, etc.

1 place du Petit Collège 69005 Lyon - 04 78 42 03 61 www.gadagne.musees.lyon.fr Wednesday to Friday, 10:30 am to 6:30 pm

Musée des Confluences

Located at the confluence of the Rhône and Saône rivers, the museum features natural history and anthropology collections.

86 quai Perrache - 69002 Lyon 04 28 38 12 12 Monday to Friday from 11:00 am



to 7:00 pm, Saturday and Sunday from 10:00 am to 7:00 pm, evening openings on Thursdays until 10 pm. www.museedesconfluences.fr

Musée des miniatures et décors de cinéma (Miniature and Movie Set Museum)

60 rue Saint-Jean - 69005 Lyon 04 72 00 24 77

Monday through Friday from 10 am to 6:30 pm. Saturdays and Sundays from 10 am to 7 pm.

School holidays and bank holidays from 10 am to 7 pm.

Ticket office closes 1 hour before the museum's closing time.

www.museeminjatureetcinema.fr

OL Museum - Groupama Stadium

Founded in 1950, this museum showcases the football club, from its roots until today. Whether you are an avid supporter or simply a curious layman, the museum's 1,300 m² will allow you to relive or discover all of the club's history! The space was created to be a modern and immersive experience and uses a lot of video and sound to help you relive the club's biggest highlights. No need to be passionate about football — you will love the museum even if you are totally new to the sport!

10 avenue Simone Veil
- 69150 Décines-Charpieu
www.groupama-stadium.com/
ol-le-musee

Wednesdays, Fridays and Saturdays from 10 am to 7 pm and Sundays from 10 am to 6 pm During school holidays: From 10 am to 7 pm Wednesday through Saturday and 10 am to 6 pm on Sundays.



Lugdunum Roman theatres and museum

A complete history of Lyon from the end of the prehistoric era to the 7th century AD, retraced through the Gallo-Roman theatre, the Odeon and the museum. In the summer, enjoy the entertainment provided by the «Nuits de Fourvière» festival.

17 rue Cléberg - 69005 Lyon 04 72 38 49 30 www.lugdunumgrandlyon.com

Museum opening times: Tuesday to Friday from 11 am to 6 pm, 10 am to 6 pm on weekends. Roman theatre opening hours : April 15^{th} to September 15^{th} from 7 am to 10pm; September 16^{th} to April 14^{th} from 7 am to 7pm

Institut Lumière

In 1895, the Lumière brothers, Auguste and Louis, invented cinematography. In this house of cinema, you can see the first cameras, some unusual items and some cinematic and precinematic equipment. The Institut Lumière is a place both of memory and of projection. The two principal aims of this veritable living museum of cinema are to safeguard our

cinematographic heritage and to share its artistic activities. Ticket office in person or by telephone for special evening events. Enjoy open air film projections, every Tuesday evening in summer. in the Place Ambroise Courtois.

Open Tuesday to Sunday, 10 am to 6:30 pm. Film screenings for all ages Tuesday through Sunday.

Tickets available at the door or over the phone for any special events. 25 rue du Premier Film - 69008 Lyon - 04 78 78 18 95 www.institut-lumiere.org

Centre d'Histoire de la Résistance et de la Déportation (Historical Centre of Resistance and Deportation)

Symbolically built in the Gestapo's ex-headquarters, where Klaus Barbie was once active, the museum is a strong and symbolic place that dedicated to history and to collective memory.

Open Wednesday to Sunday from 10 am to 6 pm. Closed on bank holidays except May 8th and November 11th.

14 avenue Berthelot - 69007 Lvon

04 78 72 23 11 www.chrd.lvon.fr

In Saint-Étienne

Cité du Design (Design City)

Located where the old weapons factory, which made Saint-Étienne famous, once stood, the Cité du Design has become a highlight of the city's cultural heritage. It was inaugurated in 2009 and spans over 16,000 sq.m. The Cité du Design's aim is to help the public discover what design really is through various meetings and exhibitions. Every two years. it welcomes an event with a global reach: the "Biennale Internationale Design".

Open Tuesday to Sunday from 10 am to 7 pm. 3 rue Javelin Pagnon 42000 Saint-Étienne 04 77 49 74 70 www.citedudesign.com

Puits Couriot, Musée de la Mine (Mining museum)

Unmissable landmark of the city's historical heritage, the Puits Couriot is an impressive remnant of Saint-Étienne's mining history. The mine closed in 1973, and has since been named a UNESCO World Heritage site and is proof of the miners' difficult lives and working conditions. Discover its unique and famous features, such as the "room of the hanged" or an underground gallery. One of the Loire region's most emblematic museums, it is visited by 55,000 people every year. Open every day except Monday mornings and French bank holidays.

From July to August: 9:30 am to 12:30 noon and 2 pm to 6:30 pm Rest of the year: 9:30 am to 12:30 noon and 2 pm to 6 pm

Parc Joseph Sanguedolce 3 bd Franchet d'Esperey - 42000 Saint-Étienne 04 77 43 83 23

Musée d'Art Moderne et Contemporain (Modern and contemporary art museum)

This museum hosts one of France's most abundant collections. Almost 19,000 pieces are accessible to the public (60,000 visitors every year). The exhibit showcases works of art from all over the world and are renewed every 6 months. The museum also serves as a backdrop for a number of meetings and workshops aimed at a younger audience.

Open every day from 10 am to 6 pm expect Tuesdays and French bank holidays.

Rue Fernand Léger
- 42000 Saint-Priest en Jarrez
04 77 79 52 52
www.mamc.saint-etienne.fr

Musée d'Art et d'Industrie (Museum of art and industry)

This museum has been awarded the « Musée de France » label and offers abundant collections. which are divided into 3 areas that bring together Saint-Étienne's history and know-how. One of the exhibits is dedicated to weapons and contains over 6 000 of them. - making it the second biggest weapon collection in the country. Another exhibit retraces the history of the ribbon and textiles while the last one focuses on the history of the bicycle - the first bike in the world having been built in Saint-Étienne in 1886. A diverse museum, that sheds light on the city's history and helps visitors understand its appeal.

2 place Louis Comte - 42000 Saint-Étienne 04 77 49 73 00 www.musee-art-industrie. saint-etienne.fr

Musée des Verts

The ASSE (Saint-Étienne Sports Association, the city's famous football club) is another of Saint-Étienne's emblematic features. You can visit the team's museum at the Geoffroy Guichard Stadium: 800 m² dedicated to the club's history and all its legends. Temporary exhibits are renewed every 6 months.

Open every day from 4 pm to 6 pm except on game days and during school holidays (see website).

Stade Geoffroy-Guichard 14 Rue Paul et Pierre Guichard - 42000 Saint-Étienne 04 77 92 31 80 www.museedesverts.fr

OPERA, MUSIC AND DANCE

Opéra de Lyon

Operas, ballets and classical music concerts come to life in this fabulous building renovated by Jean Nouvel and inaugurated in 1993. Today it is a piece of international heritage architecture.

Place de la Comédie - 69001 Lyon 04 69 85 54 54 from Tuesday to Saturday 12 noon - 7 pm. www.opera-lyon.com

Auditorium - Orchestre national de Lyon (Lyon National Orchestra)

The Auditorium is the heir of the Société des Grands Concerts de Lyon founded in 1905 by Georges Martin Witkowski, and home to the 102 musicians who have made up the Orchestre national de Lyon since 1975

149 cours Garibaldi - 69003 Lyon 04 78 95 95 95 www.onl.fr

Maison de la Danse

Lyon's temple of contemporary dance. Opened on June 17 June 1980, this was the first Maison de la Danse in France, created by five choreographers from Lyon who came together in support of their art.

8 avenue Jean Mermoz - 69008 Lyon Booking: 04 72 78 18 00 www.maisondeladanse.com

THEATRE

Théâtre des Célestins

Combining tradition and modernity, Les Célestins has played host to many legends of theatre and music hall and has remained a theatre of the arts accessible to all. Tours arranged by the Tourist Information Centre 4 rue Charles Dullin - 69002 Lyon Bookings: 04 72 77 40 00 www.theatredescelestins.com

Théâtre de la Croix-Rousse

The theatre is located in the former Croix-Rousse community hall. Open to novice or experienced artists, for dance, music and hybrid forms of entertainment, from contemporary to classical repertoires, the Théâtre de la Croix-Rousse aims to be pluridisciplinary and eclectic.

Place Joannès Ambre - 69004 Lyon 04 72 07 49 49 www.croix-rousse.com

Théâtre Tête d'Or Jacqueline Bœuf

A close-knit and enthusiastic team works hard all year to offer the public a high quality program.

60 avenue du Maréchal de Saxe - 69003 Lyon 04 78 62 96 73 www.theatretetedor.com

Théâtre national populaire (TNP)

Since 1972, with over 90 productions, 160 guest directors, 400 different shows and nearly 2 million spectators, the TNP contributes to raising awareness of all genres of work and aesthetics of French and foreign theatre.

8 place Docteur Lazare Goujon - 69100 Villeurbanne 04 78 03 30 00 www.tnp-villeurbanne.com

Théâtre Nouvelle Génération (TNG) Lyon National Center for Drama

The Lyon National Center for Drama features a schedule of contemporary works for audiences of all ages. It now welcomes theatergoers at two locations: at the Ateliers in the 2nd district and at the TNG in the 9th district.

<u>Le TNG:</u> 23, rue de Bourgogne - 69009 Lyon <u>Les Ateliers:</u> 5 rue Petit David - 69002 Lyon www.tng-lyon.fr

Théâtre le Guignol de Lyon

Over this theatre reigns the true spirit of satire, brought to life with Italian puppets in town squares in times of censorship.

Multiple theatre companies put on the show, in particular at the Parc de la Tête d'Or.

2 rue Louis Carrand - 69005 Lyon 04 78 28 92 57 www.guignol-lyon.com

Théâtre des Marronniers

Located in the city centre, in part of the old town listed as a UNESCO World Heritage Site, the little rue des Marronniers is home to a small 50-seat theatre entirely devoted to theatrical creation since 1985.

7 rue des Marronniers - 69002 Lyon 04 78 37 98 17

www.theatre-des-marronniers.com

In Saint-Étienne

La Comédie

La Comédie, in Saint-Étienne, is a national Drama Centre and a theatre institution that lives solely through the energy of creation. It plays internationally and nationally renowned shows. Created 70 years ago by Jean Dasté, La Comédie was a pioneer in French theatrical decentralisation.

Place Jean Dasté
- 42000 Saint-Étienne
04 77 25 14 14
www.lacomedie.fr

CINEMAS

Cinemas

YOU CAN BOOK TICKETS ONLINE OR OVER THE PHONE. ALSO SEE LISTINGS AND TIMES AT: WWW.CINEFIL.COM OR WWW.ALLOCINE.FR

Cinémas Lumière

Lumière Terreaux, Lumière Bellecour and Lumière Fourmi, 3 arthouse film cinemas in the centre of Lyon.

Comoedia

Films shown in their original language with subtitles, documentaries, revivals, festivals, debate evenings, evenings with film directors and a specific programme of events for young people. You can also visit the «Le Bistrot» winebar, which offers a range of buffets and cocktail suppers.

13 avenue Berthelot - 69007 Lyon 04 26 99 45 00 www.cinema-comoedia.com

Institut Lumière See page 66.

Cinéma La Fourmi

Offers a programme of films not available in other cinemas.
Children's films, documentaries, films in their original language and a wide selection of films previously seen in other cinemas but that only La Fourmi continues to show.

68 rue Corneille - 69003 Lyon 04 78 05 38 40 www.cinema-la-fourmi.com

Other cinemas show films in their original language:

Cinéma Pathé Bellecour

79 rue de la République - 69002 Lyon 0892 696 696 www.cinemaspathegaumont.fr

UGC Ciné Cité

Cité Internationale 80 quai de Gaulle - 69006 Lyon 01 46 37 28 24 www.ugc.fr

UGC Ciné Cité Confluence

Recreation area and shopping center 112 cours Charlemagne - 69002 Lyon 01 46 37 28 24 www.ugc.fr



Bookshops

A vast number of bookshops offer collections in French and other languages, from the highly specialised to the most general.

Decitre

5 addresses in Lyon 01 76 49 48 00 www.decitre.fr

FNAC

3 addresses in Lyon 08 25 02 00 20 www.fnac.com

Gibert Joseph

3 quai Gailleton - 69002 Lyon 6 rue de la Barre - 69002 Lyon 04 72 77 76 76 www.gibertjoseph.com

Inter Fun

International children's library 59 rue Vendôme - 69006 Lyon 04 78 89 57 53 www.inter-fun.fr

In Cuisine

Culinary library 1 place Bellecour - 69002 Lyon 04 72 41 18 00 www.incuisine.fr

La Gryffe

Libertarian library 5 rue Sébastien Gryphe - 69007 Lyon 04 78 61 02 25 www.lagryffe.net

Passages

11 rue de Brest - 69002 Lyon 04 72 56 34 84 www.librairiepassages.fr

Raconte-moi la Terre

14 rue du Plat - 69002 Lyon 04 78 92 60 22 Shopping centre 322 avenue Général de Gaulle - 69500 Bron 04 78 26 52 61 www.racontemoilaterre.com



LIBRARIES

EACH ARRONDISSEMENT HAS A
LIBRARY CONTAINING A REMARKABLE
SELECTION OF BOOKS. THERE IS
ALSO AN ART LIBRARY OFFERING
YOU THE OPPORTUNITY TO EXPLORE
CONTEMPORARY ART (PART-DIEU
LIBRARY), A MULTIMEDIA LIBRARY IN
VAISE AND A LIBRARY BUS
(16 STOPS IN THE CITY, VISITS ONCE A
FORTNIGHT, 4,500 DOCUMENTS FOR
ADULTS AND CHILDREN).

Further information on libraries in Lyon, memberships and opening times can be found at www.bm-lyon.fr The main libraries are:

Bibliothèque municipale de la Part-Dieu

30 boulevard Vivier-Merle - 69003 Lyon 04 78 62 18 00 Tuesday to Friday 10 am - 7 pm, Saturday 10 am - 6 pm.

Artothèque (Art library)

On the ground floor of the Part-Dieu library 04 78 62 18 00

Médiathèque de Vaise (multimedia library)

Place Valmy - 69009 Lyon 04 72 85 66 20 Tuesday, Wednesday and Friday 10 am - 7 pm (closed 12 noon to 1 pm), Thursday 2 pm - 7 pm and Saturday 10 am - 5 pm.

SPECIAL EVENTS AND WHAT'S ON

January - February

B!G - Biennale internationale du goût (international biennial food meeting)

A celebration of taste: this event's aim is to promote and celebrate food and gastronomy in Lyon. 04 27 01 83 58 www.big-lyon.com

March

Biennale Musiques en Scène

From production to performance of the works in concert, in the field of contemporary music. 04 72 07 37 00 www.bmes-lyon.fr

Biennale Internationale Design Saint-Étienne (international biennial design meeting)

A jump into the future with plethora of objects, events, meetings and workshops over an intense month featuring all of the biggest names in design.

www.biennale-design.com 04 77 49 74 70

Marché de la mode vintage (vintage fashion market)

Step back in time to the 50s and work your way back up to the 90s! Each year, the Vintage Fashion

market attracts professionals and collectors and the general public who love all things retro! 04 78 42 99 27 www.marchemodevintage.com

La fête du livre de Bron (book fair)

An annual 3-day high quality literary festival, with a specific programme dedicated to young people and pre-schoolers.

Around 50 guest writers are invited. Crèche for young children, free parking and free entrance. 04 78 26 09 31 www.fetedulivredebron.com

April

Quais du polar

Festival of dark literature and movies 04 78 30 18 98 www.quaisdupolar.com

Lyon Urban Trail

Different itineraries, with ups and downs and picturesque landscapes at every corner. Discover Lyon's "traboules", quaint walkways and many other of the city's landmarks in a fun and original way.
04 72 75 92 45 www.lyonurbantrail.com

Foire internationale de Lyon

An ten-day show with 1,100 exhibitors presenting a wide range of household, decoration, leisure and sports equipment. 04 78 17 61 76 www.foiredelyon.com

Moisson d'Avril

Shows, workshops, conferences, animated film, experimental workshops, exhibitions and performances all about puppets in all their forms.

04 78 28 92 57

www.moissondayril.com

May

Nuits Sonores

120 uninterrupted hours of electronic music, one of the largest and most audacious festivals in Europe, with artists from all over the world.
06 66 38 02 12 (infoline ticket) www.nuits-sonores.com

La Nuit des Musées (museum nights)

Many of Lyon's museums open free of charge into the night. 04 72 10 30 30 www.nuitdesmusees.culture.fr

Les Grandes Tablées

The « Tablées de Monplaisir » take over the 8th arrondissement and the Place Ambroise Courtois for a weekend dedicated to street-food, culture and all sorts of animations and activities.



June

Lyon Comic Strip Festival

One of the greatest Comics Strip festivals in France, 'Lyon BD' takes place every year at Lyon's Palais de la Bourse and attracts over 30,000 visitors.

www.lyonbd.com

Fête de la Musique

This national annual music festival has taken place every year on 21 June, the summer solstice, since 1982. The streets are lined with professional and amateur musicians giving free concerts in all genres of music.

www.fetedelamusique.culture.fr

Summer

Festival International en Beaujolais

Artists from different continents bring together the cultural riches of their origins via music, song, theatre, circus, puppets, dance, art and photography. 04 74 68 89 38 www.ccab.fr

Les Invites de Villeurbanne

Four days of free concerts, shows and performances. Musicians, actors, artists and technicians come together every year to provide high quality entertainment for all. 04 72 65 80 90 www.invites.villeurbanne.fr

Tout L'Monde Dehors

An annual festival of free music, dance and theatre performances in the open air, open to all.

Nuits de Fourvière

From June to August, two months of diverse and varied concerts and cultural events: theatre, dance, music and cinema, breathing life into the Gallo-Roman theatres of Fourvière. Ticket office online, at the Fnac, by telephone, in person or by post.

04 72 32 00 00

www.nuitsdefourviere.com

Festival Jazz à Vienne

Jazz stars play for two weeks of jazz concerts at the Vienne Roman amphitheatre in the early summer. Subscriptions available at the ticket office.

04 74 78 87 87 - 0 892 702 007 www.jazzavienne.com

Woodstower

An absolute must, if you're in Lyon during the summer. Woodstower is a modern, popular music festival that takes place over 2 days in Miribel Jonage Park. www.woodstower.com

September

Lyon Free VTT Mountain bike in the city!

A mountain-bike circuit in the centre of Lyon, with tracks running through parks, along the river embankments, the 'traboules' (secret passageways) of the Old Town and Fourvière. 3 circuits of 28 or 59 kms, adapted according to your level: expert, sporty, beginner. Open to all: www.lyonfreevtt.com

Lyon Street Food Festival

A world tour of street food, with dozens of areas devoted to food, music and festivities.
www.lyonstreetfoodfestival.com

THE BIENNALES:

Biennale d'Art Contemporain

(odd-numbered years)
This festival enables fans
of contemporary art to discover
objects, paintings and furniture
designed by famous artists.
04 27 46 65 60
www.labiennaledelyon.com

• Biennale de la Danse

(even-numbered years)
An international dance festival with a wide variety of performances suited to a range of audiences.
Do not miss the free parade (Europe largest choreographed parade), inspired by the samba schools at the Rio carnival, which takes place in the rue de la République, from



Les Terreaux to Bellecour. Low prices and online booking for all. 04 27 46 65 60 www.labiennaledelyon.com

Les Journées Européennes du Patrimoine

The European Heritage Days have taken place every third weekend in September since 1984 enabling the public to visit the best of Lyon's cultural heritage free of charge. 04 72 00 44 00 www.journeesdupatrimoine. culture.gouv.fr

Vogue des Marrons

One and a half months of hot chestnuts, white wine, candy floss and fairground rides. On the boulevard de la Croix-Rousse, place des Tapis and place de la Croix-Rousse. Car parking difficult in the whole area. LPA car parks "Gros Caillou" and "Croix-Rousse"; Metro line C (Croix-Rousse station). 04 72 98 23 50

October

Festival Lumière

A week to discover or rediscover old films, digitally restored and new copy projected. A mix of classic, rare and popular cinema. 04 78 78 18 95 www.festival-lumière.org

The "Sens Interdits" International Theatre Festival

Launched in 2009, the Sens Interdits Festival invites artists from all horizons on the themes of memory, identity and resistance. 09 67 02 00 85 (Institut Lumière) www.sensinterdits.org

Salon de l'Automobile

(odd-numbered years)
Ten days of entertainment, shows, exhibitions and competitions on the theme of the automobile in all its forms.
04 72 22 33 44

www.salon-automobile-lyon.com

Run in Lyon

A veritable runners' festival, each year Run in Lyon organises a series of races in the centre of Lyon. It's a great opportunity to discover or rediscover the Lyon's most beautiful sites. You run according to your level: 10 km, semimarathon or full marathon. Open to all; beginners or experiences runners.

www.runinlyon.com



November

Beaujolais Nouveau

A celebration of the launch of the year's new wines on the third Thursday of November each year. 04 72 10 30 30

Saintélyon

A legendary race between Saint-Étienne and Lyon, on trails and on roads (65% nature trails and 35% tarmac). The Saintélyon is an unmissable autumn event. www.saintelyon.com

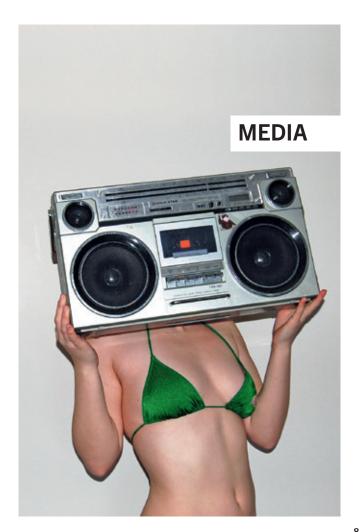
December

Fête des Lumières

In the evening of 8 December (feast of the Immaculate Conception) since 1852, the people of Lyon light candles in their windows in homage to the Virgin Mary. For four days, buildings in every part of the city and its principal sights and monuments are illuminated, and attract over 3 million visitors per year.

www.fetedeslumieres.lyon.fr/en

Also see www.culture.lyon.fr/ culture (Ministry of Culture), www.lyon-france.com (Tourist Information Centre).





NEWSPAPERS, MAGAZINES AND PRESS IN FOREIGN LANGUAGES

To stay informed of what is happening at home and worldwide in your own language.

MC Lyonnais

4 place des Terreaux - 69001 Lyon 04 78 28 40 59 English, Spanish, Italian, German and Turkish newspapers.

Guemon

52 avenue du Point du Jour - 69005 Lyon 04 72 19 64 49 English, Spanish and Italian newspapers Open on Sundays

656 Editions

1 place Tobie Rebatel - 69001 Lyon 04 78 30 41 73 Subscriptions to Spanish and Italian magazines

Relais H

Gare Perrache - 69002 Lyon 04 78 37 47 08

Gare Part-Dieu - 69003 Lyon 04 72 36 85 37

English, Spanish and Italian newspapers and magazines. Open on Sundays

Agora Presse et Cætera

3 avenue Adolphe Max - 69005 Lyon 04 78 38 19 46

Other addresses:

AFP Agence France Presse

10 rue Stella- 69002 Lyon 04 78 38 73 40 www.afp.com

Club de la Presse

5 rue Pizay - 69001 Lyon 04 78 37 75 45 www.clubpresse.com

In Saint-étienne

Relais Saint-Étienne SNCF

In Chateaucreux station 04 77 21 28 57

RADIOS

In Lyon, you can listen to around 40 French and foreign radio stations.

Le Mouv'	87.8
RCF Lyon Fourvière	88.4
Lyon Première	90.2
Scoop	92.0
Nostalgie	92.9
BFM	95.3
Radio Espace	96.9
Jazz Radio 2	97.3
Virgin Radio	100.3
France Inter	101.1
Sun Fm	101.5
NRJ	103.0
Europe 1	104.6
France Info	105.4
Radio Italienne	105.8
Radio Orient	106.7

In Saint-Étienne

Scoop	91.3
Activ Radio	90
Loire FM	100.9
Europe 1	104.8
France Info	105.6
France Inter	99.5
Nostalgie	93.1
NRJ	102.8



Internet service providers

Internet, telephone and TV access - all you need to connect to the world.

Free

1044 www free fr

Orange

3900

www.orange.fr

SFR 1023

www.sfr.fr

TV and web TV

euronews

The leading international news channel in Europe, ahead of CNN and BBC World News. based in Lyon. www.euronews.com

Lyon Capitale TV

www.lyoncapitale.fr

TLM

www.tlm.tv

In Saint-étienne

TL7

www.tl7.fr





THE BIG NAMES CAN ALL BE FOUND IN LYON, PARTICULARLY IN PRESQU'ÎLE, BETWEEN PLACE BELLECOUR AND PLACE DES TERREAUX, AROUND THE THÉÂTRE DES CÉLESTINS, RUE DU PRÉSIDENT ÉDOUARD HERRIOT, RUE GASPARIN, RUE ÉMILE ZOLA AND RUE DES ARCHERS.

ANTIQUE SHOPS ARE LOCATED IN RUE AUGUSTE COMTE, BETWEEN PERRACHE AND BELLECOUR, AND AT THE CITÉ DES ANTIQUAIRES IN VILLEURBANNE, NEXT TO THE TÊTE D'OR PARK.

THE PART-DIEU SHOPPING CENTRE AND THE COURS OXYGÈNE OFFER OVER 300 SHOPS SELLING CLOTHING, LEATHER GOODS, HOUSENDLD GOODS, CULTURAL PRODUCTS AND SPORTING EQUIPMENT, ALONGSIDE DEPARTMENT STORES AND RESTAURANTS.

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TO THE SOUTH OF PERRACHE,
THE NEW CONFLUENCE QUARTER
AND THE CARRÉ DE SOIE IN VAULXEN-VELIN HAVE AREAS DEVOTED
TO SHOPS, SERVICES AND LEISURE.
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1ST ARRONDISSEMENT, HOUSES A
DESIGNERS' VILLAGE FOR YOUNG
FASHION DESIGNERS.



Centre commercial de la Part-Dieu (shopping centre)

17 rue du docteur Bouchut - 69003 Lyon

Cité des Antiquaires

117 boulevard Stalingrad

- 69100 Villeurbanne

Le Carré de Soie

2 rue Jacquard

- 69120 Vaulx-en-Velin

Lyon Confluence

Leisure and shopping centre 2 rue Paul Montrochet

- 69002 Lyon

Passage Thiaffait

19 rue René Leynaud

- 69001 Lyon



MARKETS

LYON HAS TRADITIONAL MARKETS IN ALL QUARTERS, SELLING FRESH PRODUCE FROM ALL OVER THE REGION: FRUIT, VEGETABLES, MEAT AND CHEESE, SOLD DIRECTLY BY THE PRODUCER.

Food markets

Bénédict Tessier

Place Bénédict Tessier - 69005 Lyon

Tuesday and Friday 6 am - 1 pm

Carnot

Place Carnot - 69002 Lyon Sunday 6 am - 1:30 pm

Château de Montchat

Place du Château - 69003 Lyon Wednesday and Saturday 6 am - 1:30 pm

De la Croix-Rousse

Boulevard de la Croix-Rousse - 69001 Lyon Petite place de la Croix-Rousse

Petite place de la Croix-Rousse - 69004 Lyon

Everyday except Monday, 6 am to 1:30 pm, except Tuesdays, Wednesdays and Thursdays 6 am to 1 pm.

Jean Macé

Place Jean Macé - 69007 Lyon Wednesday and Saturday 6 am - 1:30 pm

Saint-Antoine Célestins

Quai Saint-Antoine - 69002 Lyon Daily except on Mondays. Tuesday, Wednesday and Thursday 6 am - 12:30 noon, Friday, Saturday and Sunday 6 am - 2 pm

Victor Augagneur

Quai Victor Augagneur
- 69003 Lyon
Tuesdays, Wednesdays and
Thursdays 6:00 am - 12:30 noon
Thursdays 2:00 - 7:30 pm
(Evening market)
Fridays, Saturdays and Sundays
from 6:00 am to 1:30 pm

INDOOR MARKETS

Les Halles de la Martinière

Built in 1840 on part of the Place de la Martinière, now known as Place Gabriel Rambaud in the 1st arrondissement of Lyon. For horse meat, fruit, vegetables and cheeses.

23 Rue de la Martinière - 69001 Lyon

Les Halles de Lyon - Paul Bocuse

Opened in 1859 and renamed in 2006 in homage to the famous Lyonnais chef who used to visit regularly to buy produce, Les Halles have around 60 traders and artisans offering superior quality regional produce, alongside restaurants and oystermen.

102 cours Lafayette - 69003 Lyon 04 72 60 79 57 Daily except Mondays: 7 am - 10:30 pm; Sunday and bank holidays: 7 am - 4:30 pm www.halles-de-lyon -paulbocuse.com

MISCELLANEOUS MARKETS

LYON ALSO OFFERS SPECIALISED MARKETS, SUCH AS THE FLOWER, ANIMAL, BOOK, STAMP AND OLD DOCUMENT MARKETS.

Marché de la création

Quai Romain Rolland - 69005 Lyon Sunday 8 am - 2 pm

Postage stamp market

Place Bellecour - 69002 Lyon Sunday 8:30 am - 12:30 noon

Christmas market

Place Carnot - 69002 Lyon End of november to December 24th. Open every day 10:30 am to 8 pm (10 pm on Saturdays and during the Festival of Lights). 8th December open until 11 pm and 24th December from 4 pm.

Booksellers' market

Quai de la Pêcherie - 69001 Lyon From Monday to Sunday 9 am - 9 pm

Animal market

Place Carnot - 69002 Lyon Sunday 8 am - 12 noon on the western side of Place Carnot, between rue Condé and rue Général Plessier.

Puces du Canal (Flea Market)

France's 2nd largest flea market, with 400 exhibitors
Thursdays 7 am - 1 pm
Saturdays 8 am - 12 noon
Sundays 7 am - 3 pm
5 rue Eugène Pottier
- 69100 Villeurbanne
www.pucesducanal.com
04 69 85 66 28

ORGANIC SHOPS AND MARKETS

EATING ORGANIC IS EASY IN LYON.
ORGANIC PRODUCE CAN BE FOUND
IN SUPERMARKETS, AT MARKETS
OR IN SMALL SHOPS, THANKS TO THE
LARGE NUMBER OF LOCAL PRODUCERS
AND DISTRIBUTORS.

Shops

Biocoop

32 rue du Plat - 69002 Lyon 04 78 42 09 46 www.biocoop.fr

L'eau vive

65 rue Victor Hugo - 69002 Lyon 04 72 40 02 24 www.eau-vive.com

La Vie Claire

12 rue Gentil - 69002 Lyon 04 72 15 70 66 www.lavieclaire.com

Naturalia

37 quai Saint Antoine - 69002 Lyon 04 78 71 01 20 www.naturalia.fr



Orexis bio

10 rue Chavanne - 69001 Lyon 04 78 28 52 52 www.orexisbio.com

Satoriz

100 avenue Général Leclerc - 69300 Caluire 04 37 40 13 88

Bakeries

Le pain d'Hyppolite

15 rue Hippolyte Flandrin - 69001 Lyon 04 78 28 79 16

www.satoriz.fr

Le Fournil de l'Opéra

(small organic isle) 15 place Louis Pradel - 69001 Lyon 04 78 29 96 99

Pozzoli

18 rue Ferrandière - 69002 Lyon 04 78 42 66 27

Organic Markets

Marché Saint-Jean

Place Édouard Commette - 69005 Lyon Thursday 6 am -12:30 pm

Marché Croix-Rousse

Boulevard de la Croix-Rousse - 69001 Lyon Saturday 6 am -1:30 pm

Marché Place Valmy

Place Valmy - 69009 Lyon Tuesday 6 am - 1 pm

Marché Place Henri

Place Henri - 69003 Lyon Wednesday 6 am - 12:30 noon

Marché Ambroise Courtois

Place Ambroise Courtois - 69008 Lyon Wednesday 3 pm - 8 pm

The full list of markets and their contact details is available from Le Petit Paumé des Marchés, at www.petitpaume. com/marches

PRODUCTS FROM

FRANCE & ABROAD

Bahadourian

20 rue Villeroy -69003 Lyon 04 78 60 32 10 Halles Paul Bocuse 102 cours Lafayette -69003 Lyon 04 72 84 86 86 International produce and spices www.bahadourian.com

Best Bagels Company

1 place Tobie Rebatel - 69001 Lyon 04 78 27 65 61 Grocery - restaurant North American products www.bestbagels.fr

China Express

4 rue Pasteur - 69007 Lyon 04 72 72 98 24 Chinese supermarket

L'Univers du Japon

81 rue Tronchet - 69006 Lyon 04 72 43 05 28 www.univers dujapon.com Japanese groceries, tableware, clothing

Halles du Japon

4 rue Pasteur Lyon - 69007 Lyon Food, cutlery and various Korean and Japanese objects

Madras Bazar

5 et 7 rue Sébastien Gryphe - 69007 Lyon 04 72 73 20 14 www.madrasbazar.com Imported products from India, Pakistan, Ceylon, Africa, French overseas territories, Mauritius, La Réunion, Thailand, China, Great Britain.

Mangiabuono

48 Rue Sergent Blandan - 69001 Lyon 09 86 71 69 45 Cold meats, cheese, antipasti... www.mangiabuono.fr

Supermarché Asie

12 rue Passet - 69007 Lyon 04 78 58 92 65 Products from China, India and Japan

Le comptoir irlandais

38 Quai Saint-Antoine -69002 Lyon 04 78 68 21 96 Fine groceries from English-speaking countries www.comptoirirlandais.com/fr

Topkapi

17 rue Voltaire - 69003 Lyon 04 78 60 38 17 Fine groceries from Turkey

Ber'Ezka

49 rue Franklin - 69002 Lyon 09 81 35 96 39 **& Les Délices**

de la Caspienne

49 avenue Felix Faure - 69003 Lyon 04 78 62 73 86 www.magasinrusse alyon.com Groceries from Eastern Europe

Downtown Brooklyn

17 rue Childebert
- 69002 Lyon
04 82 33 41 61
www.downtown
-brooklyn.fr
Foods straight from
the USA



The women of Aderly share their beauty and wellness favorite places to go!

BEAUTY SALONS AND HAIRDRESSERS

Beauty salons

PAMPER YOURSELF IN LYON'S WIDE RANGE OF RELAXATION AND BEAUTY SALONS. ALL THE WELL-KNOWN CHAINS ARE PRESENT, SUCH AS INSTITUT MARIONNAUD (WWW.MARIONNAUD. COM), CITRON VERT (WWW.CITRON-VERT.FR), YVES ROCHER (WWW.YVES-ROCHER.FR), AMONGST OTHERS. WE ALSO RECOMMEND:

Calicéo

4,000 sq.m offering a water fitness area (aquagym, aquabiking), beauty, massages and treatments and 4 warm water pools.

Plan du Loup, rue Sainte-Barbe - 69110 Sainte-Foy-lès-Lyon 0826 303 669

www.caliceo.com

Les Bains de l'Opéra

Hammam, scrubs and massages. This magical place, covering over 300 sq.m, is an invitation on a journey where everything is designed for your pleasure and relaxation.

Open on Sundays 20 rue Joseph Serlin - 69001 Lyon 04 78 29 16 54 www.lesbainsdelopera.com

Lola Menthe

Organic and vegan beauty salon at the heart of the Croix-Rousse neighbourhood.

85 Grande rue de la Croix-Rousse - 69004 Lyon

04 78 30 56 35 www.lola-menthe.fr

Hairdressers

Isabelle & Gilles Marciano

39 rue de la Bourse - 69002 Lyon 04 78 37 88 14

Marcapar

Here the hair stylists use 100% natural products 2 avenue du Doyenné - 69005 Lyon 04 78 37 48 65

R Apparence

3 rue du Bât d'Argent- 69001 Lyon 04 78 28 30 38

Macadamia Coiffure

Specialising in all hair types: afro, curly, straight...
4 rue de la Madeleine - 69007 Lyon
04 72 71 82 42
www.macadamia-coiffure.fr



Hair Box

26 rue Jean Baptiste Say - 69001 Lyon 04 78 27 37 19

You will also find branches of the big names in hairdressing, such as:

Dessange

www.dessange.com

Fréderic Moreno

www.frederic-moreno.com

Jean Louis David

www.jeanlouisdavid.com

GYMS

L'Appart Fitness

Combining workouts and martial arts, 17 martial arts and combat sports, top-of-the-range equipment, and 100 classes per week to meet your objectives for weight loss, improving back pain. toning up and improving fitness. Multiple addresses in Lvon. Find them at: www.l-appart.net

Club Victor hugo

Group classes and personalized programs that will help you stay in shape or just release some pressure.

332 avenue Berthelot - 69008 Lvon

04 78 74 28 18

www.clubvictorhugo.com

Lady Fitness

A programme exclusively for women, with a complete and varied workout that changes every 2 weeks: weight loss, body bust, firm buttocks, shapely thighs and flat stomach. 1 rue du Chapeau Rouge

- 69009 Lvon 04 78 35 64 37

www.ladyfitness-lyon9.fr

CLUB 48

Dance and fitness centre 99 avenue des Frères Lumière - 69008 Lyon 04 78 01 24 88 www.club48-lyon.com



RESTAURANTS THAT

WE RECOMMEND

Michelin-starred restaurants

***L'Auberge du Pont de Collonges

Try the «V.G.E.» black truffle soup, the legendary dish created here in 1975 by Paul Bocuse in homage to the then French President Valéry Giscard d'Estaing. Note in the entrance hall the array of «Meilleurs Ouvriers de France» certificates (French Craftsmanship awards) won by the restaurant. 40 rue de la plage -69660 Collonges au Mont d'Or 04 72 42 90 90 www.bocuse.fr

**Au 14 Février

Discover chef Tsuyoshi Arai's French cuisine, nuanced with Japanese know-how, in a serene and intimate setting surrounded by Raymond Peynet paintings. 36 rue du Bœuf - 69005 Lvon 04 78 92 91 39 www.ly-au14fevrier.com

**Auberge de L'Île

A prestigious restaurant which has been awarded two Michelin stars. since 2002, located in a beautiful setting on the banks of the Saône on the little Île Barbe. The chef. Jean-Christophe Ansanay-Alex, offers pure and creative cuisine in a menu which changes each month. Place Notre Dame - 69009 Lyon 04 78 83 99 49 www.aubergedelile.com

**La Mère Brazier

La Mère Brazier, emblematic restaurant founded in 1921 by Eugénie Brazier was taken up by Mathieu Viannay, French craftsmanship award winner, in 2008. The menu varies each month. in keeping with seasonal produce. 12 rue Royale - 69001 Lyon 04 78 23 17 20 www.lamerebrazier.fr

**La Sommelière

French cuisine by the perfectionistic Japanese chef Takafumi Kikuchi, paired with delicious wines scrupulously selection by Shoko Hasegawa. the master sommelier. 6 rue Mourguet - 69005 Lyon 04 78 79 86 45 www.la-sommeliere.net



**Takao Takano

Chef Takao Takano, who learnt the trade while sous chef to Nicolas Le Bec, offers beautifully presented dishes, like tender Limousin lamb with artichokes and spicy olive oil or cucumber tarts with horseradishinfused tarama and oyster-andwatercress gelée.

The menu changes and evolves according to the seasons.

33 Rue malesherbes - 69006 Lyon
04 82 31 43 39
www.takaotakano.com

*Guy Lassausaie

A Michelin-starred chef, winner of the French craftsmanship award (Meilleur Ouvrier de France) in 1993, serves a refined cuisine of discovery in his gastronomic restaurant close to Lyon. 1 rue de Belle Sise - 69380 Chasselay 04 78 47 62 59 www.guy-lassausaie.com

*Jérémy Galvan

A cuisine that prides itself on fresh, seasonal and local produce, sourced directly from artisans who place great importance in the quality of their products. Enjoy your meal in a warm and cosy atmosphere with attentive and discreet service.

29 rue du Boeuf - 69005 Lyon 04 72 40 91 47 www.jeremygalvanrestaurant.com

*Les Loges

Chef Anthony Bonnet welcomes you in his breathtaking restaurant, with its magnificent steel skylight roof, to discover his delicious and flavourful cuisine 04 72 77 44 44

www.courdesloges.com

*Le Neuvième Art

A new gourmet restaurant in Lyon where you can discover chef Christophe Roure, who won the title of "Meilleur Ouvrier de France" (a unique and prestigious cooking award) in 2007, as well as his creative and colourful dishes 173 rue Cuvier - 69006 Lvon 04 72 74 12 74

www.leneuviemeart.com

*Le Passe Temps

Young chef Younghoon Lee learnt the trade while working at a French gourmet restaurant in Seoul, where he fell in love with French cuisine. His creativity and his tasteful blending of French and Korean culture are a success and allow guests to discover new and delicate flavours

52 rue Tronchet - 69006 Lyon 04 72 82 90 14

www.lepassetemps-restaurant.com

*La Rotonde

A few minutes from Lyon, this two-starred restaurant offers a cuisine of «colour, aroma and flavour». Cookery classes for adults, «gastrogones» cookery classes for children and wine appreciation classes are available. 3 avenue Georges Bassinet -69260 Charbonnières-les-Bains 04 78 87 79 79

www.pavillon-rotonde.com

*Le gourmet de Sèze

Michelin starred since 2002. chef Bernard Mariller offers precise cuisine using seasonal produce. The menu changes weekly. 129 rue de Sèze - 69006 Lyon 04 78 24 23 42 www.le-gourmet-de-seze.com

*Les Terrasses de Lyon

La Villa Florentine's gastronomic restaurant A harmonious combination of creativity and tradition which earned its chef, Davy Tissot, a Michelin star and a "Meilleur Ouvrier de France" title (French craftsmanship award) in 2004. 25 montée Saint-Barthélémy - 69005 Lyon 04 72 56 56 02 www.villaflorentine.com

*Les Trois Dômes

Gastronomic cuisine with beautiful panoramic views over Lyon and the Rhône. 20 quai Gailleton - 69002 Lyon 04 72 41 20 97 www.les-3-domes.com

* Prairial

This restaurant prioritizes "farm to plate" products and clean, reasonable and natural agriculture. All products are homemade and organic, and strive to respect mankind, animals and plants alike. Their inspiration comes from meeting talented producers and manufacturers and who help them

imagine original and unexpected dishes that evolve with the seasons. 11 rue Chavanne - 69001 Lyon 04 78 27 86 93 www.prairial-restaurant.com

*Têtedoie

Awarded a French apprenticeship award («Meilleur Apprenti de France») in 1979, French craftsmanship award («Meilleur Ouvrier de France») in 1996 and French Master Chef award («Maître Cuisinier de France») in 1998. Christian Têtedoie offers refined and inventive cuisine. Service until 9.30 pm. Private car park on request.





4 Rue Professeur Pierre Marion - 69005 Lyon 04 78 29 40 10 www.tetedoie.com

Bocuse's brasseries

There are 8 Bocuse brasseries in Lyon. Find them all at: www.nordsudbrasseries.com

1 • Le Nord (traditional cuisine) 18 rue Neuve - 69002 Lyon 04 72 10 69 69

2 • Le Sud (food of the sun) 11 place Antonin Poncet - 69002 Lyon 04 72 77 80 00 3 • L'Est (cuisine from abroad) 14 place Jules Ferry - 69006 Lyon 04 37 24 25 26

4 • L'Ouest (tropical cuisine) 1 quai du Commerce - 69009 Lyon 04 37 64 64 64

5 • Fond Rose (traditional seasonal cuisine)

25 chemin de Fond Rose - 69300 Caluire 04 78 29 34 61

6 • Marguerite

(refined French cuisine)
57 avenue des Frères Lumière
- 69008 Lyon
04 37 90 03 00

7 • Brasserie des Lumières

(refined French cuisine) Groupama Stadium 10 avenue Simone Veil 69150 Décines-Charpieu 04 72 10 00 00

8 • Comptoir de l'est

(Latin-inspired refined brasserie) 14 place Jules Ferry - 69006 Lyon 04 82 91 03 03

You can also eat at the Bocuse Institute, catering school 04 28 3170 84 www.linstitut-restaurant.fr

Bouchons (restaurants serving local specialities)

L'Acteur

This bouchon, located opposite the Célestins Theatre's artist entrance. strives to promote Lyon's traditional cuisine while concentrating on fresh, homemade food. Discover typical Lyonnais dishes using products sourced daily straight from the Halles Paul Bocuse. 5 rue Charles Dullin - 69002 Lvon 04 78 92 88 53

Le Ristrot d'Abel

This restaurant is a place for special moments around the table, with family, friends or even business partners. Its warm atmosphere and stunning sunny terrace make Le Bistrot d'Abel a unique destination at the heart of the city.

49 rue de la Bourse - 69002 Lyon 04 37 57 92 51 www.bistrot-abel.fr

Le Bouchon des Cordeliers

Located right at the heart of the city centre, this typical lyonnais restaurant is warm and welcoming. As with all traditional "bouchon" restaurants, the atmosphere is friendly and relaxed, and you can make the most of the comfortable main room or of the terrace during summer months. Discover Lyon's authentic cuisine, prepared with elegance and finesse.

15 rue Claudia - 69002 Lyon 04 78 03 33 53 www.bouchondescordeliers.com

Le Bouchon Sully

On the menu: a number of Lyon's specialties but also other classical French dishes and seasonal suggestions. This bouchon is proud of its Lyonnais roots and strives to offer guests a warm and intimate experience that makes them want to come back. 20 rue Sully - 69006 Lyon 04 78 89 07 09

www.lebouchonsully.com

Brunet

High quality, traditional Lyonnais and regional cuisine and a choice of over 180 wines. Unmissable for discovering Lyonnais gastronomy. 23 rue Claudia - 69002 Lyon 04 78 37 44 31

Café Comptoir Abel

More than just a bouchon, the Café Comptoir Abel is an institution. Here, time is suspended while you relish in Lyon's most traditional dishes and discover homemade "quenelle de brochet", "poulet aux morilles" or "gratin d'écrevisses". 25 rue Guynemer - 69002 Lyon 04 78 37 46 18 www.cafecomptoirabel.fr

Café des Fédérations

One of Lyon's oldest and most famous restaurants with a charming, old-fashioned decor: red-and-white check tablecloths, old photos on the walls and sausages hanging over the counter. The chef takes order from customers himself, and prepares high quality traditional cuisine. 8-10 rue Major Martin 69001 Lyon - 04 78 28 26 00 www.lesfedeslyon.com

Café du Jura

This authentic 19th century bouchon is like stepping back in time, with its classic wine bar, brass decor and white-covered tables. A real moment of pleasure where traditions are a big part of the experience.

25 rue Tupin - 69002 Lyon 04 78 42 20 57 www.bouchonlejura.fr

Café du Peintre

Here, traditional dishes are made with fresh produce, straight from the local farmer's market. As a real "Mère Lyonnaise", chef Florence Périer heads to the market early in the morning to elaborate her "menu du jour". Inspired by local products, she delights her guests with scrupulously selected produce that she prepares with passion and care. 50 boulevard des Brotteaux - 69006 Lyon 04 78 52 52 61 www.lecafedupeintre.com

Chez Hugon

At the heart of the city is this former family house offering flavoursome Lyonnais cuisine. Traditional dishes served in a friendly and welcoming atmosphere.

12 rue Pizay - 69001 Lyon 04 78 28 10 94



Les Culottes Longues

This bouchon is renowned for its great food and focus on local and seasonal produce. Discover its warm and traditional atmosphere and enjoy its unusual décor: you won't be able to miss the framed pair of bloomers on the wall! 42 rue Sala - 69002 Lyon 04 78 37 13 00

Daniel et Denise

Joseph Viola, winner of a French Craftsmanship award (Meilleur Ouvrier de France) in 2004, and his wife offer authentic and modern cuisine. 8 rue Cuire - 69004 Lyon 04 78 28 27 44 & 156 rue de Créqui - 69003 Lyon 04 78 60 66 53 & 36 rue Tramassac - 69005 Lyon 04 78 42 24 62 www.danieletdenise.fr

Les Fines Gueules

In this restaurant, the key word is sincerity. "No frills, no fuss", are the words the owners live by: the menu is traditionally Lyonnais but you can also try their fresh fish and seasonal produce.

16 rue Lainerie - 69005 Lyon

04 78 28 99 14 www.fines-gueules.fr

La Meunière

An authentic Lyonnais bouchon with cuisine to tempt you with its numerous local hot specialities, such as andouillette, gras doubles, gâteau de foie de volaille, quenelle de brochet and tête de veau, as well as homemade desserts.

11 rue Neuve - 69001 Lyon 04 78 28 62 91

Le Garet

1930s style for this restaurant that Jean Moulin, the Resistance leader and hero, often visited for lunch. A cuisine infused with Lyonnais tradition. Homemade desserts. Closed at weekends. 7 rue du Garet - 69001 Lyon 04 78 28 16 94

Les Lyonnais

At the heart of Lyon's old city, which is listed as a UNESCO World Heritage, this restaurant offers a quintessential bouchon atmosphere where you can relax and enjoy your meal. The menu offers real bouchon cuisine, the traditional way.

19 rue de la Bombarde - 69005 Lyon 04 78 37 64 82

www.restaurant-lyonnais.com

Le Poêlon d'Or

This establishment used to be a wine bar and was turned into a restaurant during the inter-war period. Have a taste of Lyon's traditional cooking in this restaurant, that received the "Best Bouchon" award in 2017.
29 rue des Remparts d'Ainay - 69002 Lyon 04 78 37 65 60 www.lepoelondor-restaurant.fr

La Tête de Lard

A friendly, homely décor and typical lyonnais cuisine, prepared according to tradition but also to the changing seasons. The menu changes every day according to the farmer's market.

13 rue Désirée - 69001 Lyon

04 78 27 96 80 www.bouchonlatetedelard.fr

Le Val d'Isère

This restaurant has simple values: authentic cooking and a warm atmosphere. All food is homemade and prepared with produce from the famous Halles Paul Bocuse. 64 rue de Bonnel - 69003 Lyon 04 78 71 09 39 www.restaurant-le-val -d-isere-lyon.fr



Le Vivarais

Discover chef William's Jacquier ever-changing menus, and try his mouth-watering gourmet cooking. The restaurant also offers takeaway and catering services.

1 place Gailleton - 69002 Lyon 04 78 37 85 15

www.restaurant-levivarais.fr

La Voute Chez Léa

One of Lyon's oldest establishments. Here, savour local specialties in a friendly setting. If we had to describe this emblematic restaurant in one word, it would be authentic.

11 place Antonin Gourju - 69002 Lyon 04 78 42 01 33 www.lavoute-chezlea.com



World cuisine

Kuro Goma

Kuro Goma is an izakaya, the japanese version of a tapas bar. Far from our usual sushi restaurants, savour it's original Japanese-style appetizers. 15 rue de Bonald - 69007 Lyon 09 88 06 06 08

La Jonque d'Or

À la carte Vietnamese specialities, such as steamed dishes and soups. The Vietnamese fondue is prepared to order and is the perfect accompaniment to exotic drinks made with soya or coconut milk, and Chinese, Vietnamese or Thai beers. 20 rue Pasteur - 69007 Lyon 04 78 72 39 43

Le Petit Persan

An unmissable, authentic Iranian restaurant offering subtly spiced and aromatic dishes, such as chuck steak marinated in herbs and dried lime with saffron Persian rice, followed by a coconut mousse with rose petal extract.

8 rue Longue - 69001 Lyon 04 78 28 26 50 www.lepetitpersan.fr

Les Chats Siamois

Refined Thai cuisine and a warm welcome. For a genuine Thai meal, both in terms of flavour and the dining experience. Closed on Saturday lunchtimes and Sundays. Online booking also available. 4 petite rue des Feuillants - 69001 Lyon 04 78 42 16 16 www.restothai.com

Pizzeria Napoli

Thin crust home made pizzas cooked in a wood-fired oven, in true Italian tradition. The pasta and meat dishes, as well as the ice creams, are just as good.
45 rue Franklin - 69002 Lyon 04 78 37 23 37 www.pizzeria-napoli-lyon.com

Rivière Kwaï

Prawn soup, chicken kebabs with peanut sauce, red curried duck breast, all the Thai national specialities under one roof.

A «lounge» style atmosphere, with soft lighting and gentle music. Open kitchen.

7 rue Chavanne - 69001 Lyon 04 72 00 87 11

Tomo

Clean and simple setting with wooden counter for a fine Franco-Japanese cuisine.

7 rue Pierre Corneille - 69006 Lyon 04 78 41 84 60

www.restaurant-tomo.fr

Sambahia

A Brazilian atmosphere with traditional music and exotic cuisine (feijoada, coconut milk, crab soufflé). Concerts to a samba beat take place on Friday and Saturday evenings. 8 rue du Viel Renversé - 69005 Lyon 04 78 37 82 10

Sol Café

A wide choice of fish-and-meatbased dishes, a variety of generous salads, often served with tortillas. Grilled king prawns, Catalan chicken, tapas and the famous paella. 28 rue du Bœuf - 69005 Lyon 04 72 77 66 69 www.solcafe.fr

Toto Li Vigni

This Italian restaurant is labelled « Toque Blanche », a guarantee of quality. Savour the classics of Italian cuisine or discover the chef's signature dishes that have made the restaurant's reputation over the years.

50 cours Dr Long - 69003 Lyon 04 78 42 19 24 www.totolivigni.com



HOME DELIVERIES

Alloresto.fr

www.alloresto.fr

Uber Eats

www.ubereats.com/fr

Just Eat

www.just-eat.fr

Deliveroo

www.deliveroo.fr

Resto In

www.resto-in.fr

Pizza City

www.pizzacity.fr

Speed'Apero

www.speed-apero.com

Station Pizza

www.stationpizza.com

Matsuri

www.matsuri.fr

Sushi Shop

www.sushishop.fr

Other restaurants, bars, pubs and bistro listings can be found at:

www.lafourchette.com

www.lyonresto.com

www.pagesjaunes.fr

www.petitpaume.com

www.visiterlyon.com





PARKS

FANCY A WALK, SOME EXERCISE, A PICNIC, OR ALL THREE, IN THE FRESH AIR? LYON'S PARKS ARE OPEN TO ALL THESE ACTIVITIES, AND ALL FOR FREE!

Parc de la Tête d'Or

Open since 1857, this is an immense landscaped park of 105 hectares with a 16-hectare lake, a free zoo with big cats, primates, an African plain and botanical gardens housing thousands of plants including some in the 19th century greenhouses.

Metro line A - Masséna station Bus C1 - Duquesne, Churchill stop Bus C2 - Stalingrad stop Bus C4, C5 - Churchill stop Open 6:30 am - 8:30 pm from October 15th April 14th. Open 6:30 am - 10:30 pm from April 15th to October 14th.

Parc de Gerland

Located in the south of Lyon, this 18-hectare park is dedicated to leisure, sports and enjoying nature. Enjoy the different types of gardens: the picnic area, the children's playgrounds, the bird garden and the skatepark.

24 Allée Pierre de Coubertin
- 69007 Lyon
Metro line B
Stade de Gerland station
Bus: Line 60,
Université Lyon 1 / Gerland stop
Open daily 6:30 am - 8:30 pm
from October 15th to April 14th,
and 6:30 am to 10:30 pm
from April 15th to October 14th.

Parc des Hauteurs et jardins du Rosaire

A city park located on the Fourvière hill, with sloping paths linking it to the banks of the Saône. The garden houses botanical collections of old roses, hydrangeas and fruit trees. One of the most beautiful panoramas in the city, with uninterrupted views over the Presqu'île, the rivers and monuments.

Open 6:30 am - 9 pm (Rosaire gardens).
Esplanade de Fourvière - 69005 Lyon
Cable car - Fourvière stop

Parc de Parilly

Located between Bron and Vénissieux, this park offers 178 hectares of woods and sports areas where athletes and families can enjoy nature and have fun.

36 boulevard Émile Bollaërt
- 69500 Bron
Metro line D - Parilly station
Tram line 2 - Parilly - Université stop
Open daily between May 1 and
September 30 7 am - 8 pm
and October 1st and April 30
8 am - 6 pm.

Berges du Rhône

On the banks of the Rhône, this a 5km long area covering a total of 10 hectares is reserved for walkers and more energetic sports with paddling pool, skate park, playground, pétanque strips etc. For walks with magnificent views, linking the Tête d'Or park and the Gerland park.

Metro Line D - Guillotière station - Tram line 1 - Guillotière stop.

Parc de Miribel Jonage

10 minutes from the centre of Lyon is this 2,200-hectare park of well-preserved nature, including 15 hectares dedicated to sport and a 350-hectares lake, the largest lake in the Lyon region.

Also a 9-hole golf course, tennis courts, climbing, rowing, canoeing, etc.

Subscriptions available, multi-sport cards and initiation or improvers' courses for all.

69120 Vaulx-en-Velin 04 78 80 56 20 Open 7 days a week.

By bus, there is a seasonal route (83) from early April to mid-September, leaving from metro line A, Vaulx-en-Velin La Soie terminus. By car, take the A42 towards Geneva, exit 4 signposted Parc de Miribel Jonage.

Eastern Ring road (Rocade Est) take exit 5 signposted Parc de Miribel Jonage. Or by bike via the cycle path from the Parc de la Tête d'Or.

www.grand-parc.fr

Parc Sergent Blandan

At the crossroads of Lyon's 3rd, 7th and 8th districts, this 17-hectares park is divided into 3 large areas: a multi-purpose space to the north, an oasis on the fortifications in the center, and an ecological discovery area to the south.

Open daily from 6:30 am to 7:30 pm from October 15th to April 14th From 6:30 am to 10:30 pm from April 15thto October 14th

Tramway Line 2, 'Route de Vienne' station, C7 bus - Lamothe stop, metro line D - Garibaldi stop 37 rue du Repos - 69007 Lyon 04 72 77 69 69

Saône River Embankments

50 km of riverbanks stretching over 14 towns in the metropolitan area, including 5 districts of the City of Lyon.

For more information on Lyon's parks, see www.lyon.fr, «Culture et Loisirs» section.

In Saint-étienne

Parc de Montaud

The largest in the city. This parc mostly consists of wooded and grassy areas and has been awarded the LPO label (Bird Protection League). It also harbours a bird sanctuary and offers panoramic views of the city.

Bus 21 - Lycée B. Charvet stop 41 rue de Laharpe

- 42000 Saint-Étienne

Parc François MItterrand

13 hectares for visitors to relax which can also serve as a backdrop for different rallies. It also has a skate park and 2 recreational areas.

Plaine Achille - 42000 Saint-Étienne



Parc de Pinelong

9 hectares on the west side of the Côte Chaude neighbourhood. Surrounded by family-friendly gardens, this parc has remained in a very natural state. It includes a small, shady forest and a meadow with a pleasant stream running through it Open from 10 am to 6 pm

Open from 10 am to 6 pm Bus 2 – Baraudes stop

Rue des Potagers - 42000 Saint-Étienne

TOURISM

LYON WAS LISTED AS A UNESCO WORLD HERITAGE SITE IN 1998, HONOURING ITS 2,000 YEARS OF UNINTERRUPTED HISTORY AND ITS WELL-PRESERVED BEAUTY AND SPLENDOUR FROM THE ROMAN ERA.

THE PEOPLE OF LYON ARE PROUD OF THEIR HERITAGE AND INVITE YOU TO APPRECIATE AND (RE)DISCOVER THE CITY IN NEW WAYS.

Historical quarters

How about a walk in the city to learn more about the history of Lyon? Explore the city's picturesque and authentic quarters.

Croix-Rousse

An original quarter located on a hill of the same name, marked by its past as a silk industry hot spot and occupied by the Canuts.

Also known as «the working hill», due to workers building their workshops here.

We can distinguish Les Pentes (part of the 1st arrondissement) from the Plateau (4th arrondissement), culminating at 254 metres, a residential area with a village atmosphere.

Some unmissable parts:

- The slope of «La Grande Côte»: one of the paths linking the Terreaux quarter with the Croix-Rousse plateau and which follows the natural route used since prehistoric times.
- Les Trois Gaules amphitheatre: built around the year 19 AD, this is one of the oldest Gallo-Roman amphitheatres and witnessed the first Christian

- martyrs persecuted by the Romans. It is presumed to be where the martyr St Blandine was thrown to the lions.
- La Cour des Voraces: the courtyard of a Lyon apartment block located on Les Pentes and a symbol of the silk industry, built around 1840 and celebrated for its grand staircase.
 Also known as the «Maison de la République», as it was used as a refuge for the canuts during their revolts.

Vieux-Lyon: Renaissance quarter

A medieval and Renaissance quarter with 2,000 years of history between the Fourvière hill and the Saône river, split into three quarters: Saint-Georges, Saint-Jean, Saint-Paul. Museums, churches, shops, restaurants and craft workshops are all part of the historic heart of the capital of Gaul.

Antique Quarter and Fourvière

Known as the «praying hill» due to the religious groups that congregated here from 16th century and the Basilica of Notre-Dame de Fourvière built in 19th century, which has become a symbol of the city.



It was on this hill that were discovered vestiges of the Roman town, of a place where citizens came to deal with political and legal affairs.

There is also an area of archaeological treasures, consisting of:

 The ancient theatre of Fourvière, considered to be the oldest in Gaul: at the heart of the Roman city and built in two stages: the first under Augustus, probably around the year 15 BC, and the second in the early 2nd century, under Hadrian. This was a place of performance, generally of musical theatre. Every summer this theatre is the site of the Nuits de Fourvière festival.

 The Gallo-Roman odeon of Lugdunum, close to the summit of the Fourvière hill, next to the ancient theatre; it was built in the early or mid-2nd century (there are still doubts over the dates of its origins). It was reserved for musical performances or public readings.



Traboules

These are passages crossing one or more buildings to link streets to each other, enabling residents to reach the river Saône easily to fetch water. The canuts used them to transport silk and other textiles across the city without getting wet.

More recently they were used as secret passages during the revolt of 1831, and by members of the Resistance in Lyon during World War II.

There are over 500 courtyards and «traboules» - 215 in Vieux-Lyon, 163 on the Pentes de la CroixRousse and 130 in the Presqu'île, but only around 50 are open to the public.

They can be visited freely. They are closed at night, and you cannot go up the stairs as they are part of residential apartment blocks. Do not miss the longest traboule (crossing 4 apartment buildings) in Vieux-Lyon: entrance at 27 rue du Bœuf and exit at 54 rue Saint-Jean.

The tourist information centre has a suggested route for visiting the traboules.
www.lyon-france.com

Painted Walls

These are a characteristic feature of Lyon which has become the mirror of the Lyonnais people and one of the city's tourist attractions. Created by artists from the Cité de la Création in the early 1980s.

La Fresque des Lyonnais

The Fresque des Lyonnais represents 25 significant figures from the history of Lyon and 6 contemporary figures, and illustrates over 2,000 years of history. It covers over 800 sq.m. At the corner of the quai Saint-Antoine and the rue de la Martinière - 69001 Lyon

La Bibliothèque de la Cité

A «theatre-library» where the actors are books. It pays homage to authors who were born in, or worked in the Lyon region. At the corner of the quai de la Pêcherie and the rue de la Platière - 69001 Lyon

Le Mur des Canuts

Painted in 1987 and partially redone in 1997, this fresco is the largest in Europe and pays homage to the silk industry. It covers around 1,200 sq.m. Boulevard des Canuts - 69004 Lyon

Le Mur du Cinéma

A giant screen showing the history of cinemascope, in homage to the Lumière brothers who invented cinema. At the corner of the cours Gambetta and the grande rue de la Guillotière - 69007 Lyon

Le musée urbain Tony Garnier

The first «urban museum» in the world, with 24 immense frescos presenting the ideal city according to Tony Garnier. Rehabilitation work on the Cité d'Habitations à Bon Marché (HBM) des États-Unis. At the corner of the boulevard des États-Unis and the rue des Serpollières - 69008 Lyon

La Cité Idéale de Québec

This mural celebrates the 400th anniversary of Quebec, on the gable wall of the Lycée Lumière. Inaugurated in September 2008. At the corner of the rue Paul Cazeneuve and the boulevard des États-Unis - 69008 Lyon

To visit the murals, the Tourist Information Centre organises guided tours, www.lyon-france.fr

RIVER TRANSPORT

ENJOY A RELAXING CRUISE OR A TRIP WITH COMMENTARY ALONG THE RHÔNE AND THE SAÔNE:

Les Yachts de Lyon

12 quai Rambaud - 69005 Lyon 04 72 56 51 23 www.lesyachtsdelyon.com

Les Bâteaux Lyonnais

2 quai des Célestins - 69002 Lyon 04 78 42 96 81 www.lesbateauxlyonnais.com

Vaporetto

River shuttle linking downtown Lyon to Confluence in less than 30 minutes. Runs daily. From Confluence to Vaise: 10:00 am to 8:10 pm from From Vaise to Confluence: 10:10 am to 8:50 pm 4 stops:

- Saint-Paul Hôtel de Ville: Quai de Bondy on the right bank
- · Vaise: quai Arloing;
- Bellecour: quai des Célestins;
- Confluence: Marina on Quai Rambaud on the left bank.

SURPRISING TOURS OF LYON

4 roues sous 1 parapluie

Explore Lyon in an authentic and intimate way, from the back of a 2CV, the popular French car, with panoramic views afforded by its convertible roof. With driver. 0 800 800 631

www.4roues-sous-1parapluie.com

Lyon City Tour

A double decker bus that offers a commentated tour of the city in 6 languages, using individual headphones. 04 78 56 32 39 www.lyoncitytour.fr

Lyon City Tram Croix-Rousse

This little train travels through the « pentes », a quirky, historical and charming neighbourhood of Lyon. With Lyon City Tram, you can explore the «colline des Canuts» in an original way. After starting its course at the heart of the city centre, the little train and its panoramic roof heads up and takes you around the hilly «pentes» neighbourhood, allowing you to take in its particular architecture and discover the Trois-Gaules roman theatre and a number of decorated walls along the way: the plant mural, the Canuts wall and the Lyonnais mural.

17 rue Paul Chenavard - 69001 Lyon 04 78 56 32 39 www.lyoncitytour.fr

Mobilboard Lyon

Discover the city centre with a new means of transport: the segway. This unusal 4km itinerary by the Rhône river takes you through the Cordeliers-Grolée neighbourhood and the Palais du Commerce before converging with the main pedestrian street at the heart of the Presqu'île: rue de la République. 29 quai du Dr Gailleton - 69002 Lyon 09 83 58 73 35 www.mobilboard.com

AUVERGNE - RHONE-ALPES REGION

ENJOY THE AROMAS, THE COLOURS, THE PANORAMAS AND FINE WINES THAT THE RHONE-ALPES REGION HAS TO OFFER.

DO NOT MISS A TOUR OF THE VINEYARDS AROUND LYON.

To the North, the Beaujolais with its 10 grands crus. Visit this wine growing region, renowned for its wines typical of the Gamay grape variety.

To the South, the picturesque Côtes du Rhône vineyards on terraced hillsides.

To the North-East, the thousand ponds of La Dombes, perfect for fishing. And La Bresse for its gastronomy, and also for its winter sports resorts.

To the South-East, the 700 m² of the Parc du Pilat. An intermediate mountain area, from 140 m to 1,432 m high



Ski resorts

Less than 2 hours' drive away is the largest ski area in the world (220 resorts open summer and winter) and the highest mountain in Europe, Mont Blanc, rising to 4,807 metres. Leave the city for a day or two to explore these marvels of nature.

- The closest resort is Villard de Lans, 45 minutes' drive www.villarddelans.com
- The furthest away is Tignes, 3 hours' drive (www.tignes.net)
- The most popular with celebrities are Megève (www.megeve.com) and Courchevel (www.courchevel.com)

- The largest and sportiest are Val d'Isère (www.valdisere.com), Tignes - l'Espace Killy (www.tignes.net), and Les 3 Vallées (www.les3vallees.com)
- The most family-orientated are Chamrousse (www.chamrousse. com), La Féclaz (www.savoiegrand revard.com), Le Massif du Vercors (www.vercors.fr), Villard de Lans and Le Massif des Bauges (www.lesbauges.com).

Find further information on resorts, tariffs, distances and passes at (amongst others): www.tourisme.fr www.ski-station.net www.france-montagnes.com

Mountain lakes

Do you enjoy water sports, cruises or a refreshing summer swim? Visit the mountain lakes around Lyon.

- Lac du Bourget: the largest natural glacier-formed lake in France (except Leman), located to the North of the département of Savoie.
- Lac d'Annecy: one of the cleanest lakes in the world. It is the second largest lake in France (after Bourget) and a popular tourist attraction, renowned for the numerous water sports on offer.
- Lac de Genève or Lac Léman: its two extremities are Swiss, but the Southern banks are French.
 The border passes through the middle of the lake. A perfect place for walking and fishing.
- To the South of Lyon, in the départements of the Drôme and the Ardèche, explore the wild gorges, caves, vestiges of Roman architecture, fields of lavender and olive groves leading into Provence and the famous Côte d'Azur.

ALSO WORTH EXPLORING,

OUTSIDE LYON:

Le Palais Idéal du Facteur Cheval

A fairy tale palace built by Ferdinand Cheval in 1879. Hauterives - Drôme 04 75 68 81 19 www.facteurcheval.com

Le Hameau du Vin

60km from Lyon, an attractive park which combines wine and the history of the vine. Free tasting session at the end of the tour. Romanèche-Thorins

- Saône et Loire 03 85 35 22 22 www.hameauduvin.com

The Planetarium, Vaulx-en-Velin

A 150-seat auditorium equipped with state-of-the-art technology to transport you to the heart of the universe. Children's workshops all year round, films, conferences and events for all. Open every day with a few weekly closures. Closes for annual holidays in August.

Place de la Nation -69120 Vaulx-en-Velin 04 78 79 50 13 www.planetariumvv.com

La Ferme aux Crocodiles

8,000 m² of tropical greenhouses, over 350 crocodiles and 600 exotic plant species. Pierrelatte - Drôme 04 75 04 33 73 www.lafermeauxcrocodiles.com

Les Grottes de La Balme (caves)

La Balme Les Grottes Isère (caves) 04 74 96 95 00 www.grotteslabalme.com

Site des Grottes de Choranche (caves)

Choranche - Isère 04 76 36 09 88 www.visites-nature-vercors.com

Safari Peaugres

Peaugres - Ardèche 04 75 33 00 32 www.safari-peaugres.com

Parc des Oiseaux (bird sanctuary)

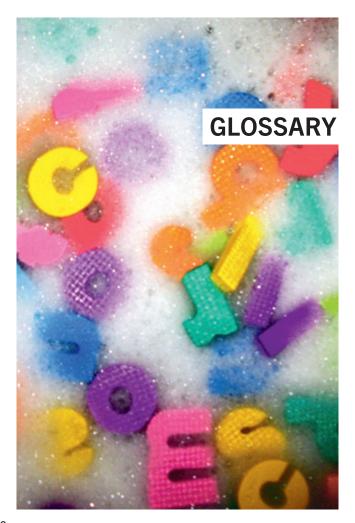
Villars-les-Dombes - Ain 04 74 98 05 54 www.parcdesoiseaux.com

Musée de la Mine (museum of mines)

Saint Pierre la Palud - Rhône 04 74 70 39 66

www.musee-de-la-mine.com

Discover other places to visit in Auvergne - Rhône-Alpes on: www.rhone.fr www.lyon-france.com www.auvergnerhonealpes tourisme.com



Allée: apartment block corridor, porch

Andouillette: kind of pork sausage, served hot

Bouchon: typical restaurant serving Lyonnais specialities, such as the tablier de sapeur, quenelles, salade lyonnaise and cervelle de canut, all generally washed down with a glass of Beauiolais or Côtes du Rhône.

Bugne: a flat doughnut shaped into a twist, eaten on Mardi Gras (Shrove Tuesday)

Canon: a small glass of wine. «Sers-moi un canon!» (pour me a canon)

Canut - Canuse: a silk weaver from Lyon in the 19th century

Cardon or carde: cardoon - a celery-like ribbed vegetable

Carimentran: Mardi Gras or a straw doll representing Mardi Gras

Caviar de la Croix-Rousse or du Puy: a lentil salad

Cervelle de canut: fromage blanc seasoned with herbs and garlic

Cheval de bronze: the statue of Louis XIV, in the middle of the Place Bellecour

Clapotons: sheep's trotters, often served in a salad

Cochonnaille lyonnaise: a porkbased dish, such as lard chaud, grattons, paquet de couenne (ironically called «pigeon ficelé» or tied pigeon), le Jésus and la rosette, rillettes and pâtés de campagne.

Crique or paillasson: grated potato cakes, pan fried

Faisselle: drained fromage frais

Ficelle: the Lyon cable car linking the quarters of Saint-Jean and Fourvière (there used to be 5 cable cars running in Lyon, today there are only two, Saint-Jean to Saint-Just and Saint-Jean to Fourvière).

Fillette: a 37.5 cl bottle of wine

Gâteau de foies de volaille: a kind of chicken liver soufflé eaten as a starter

Gnafron: a puppet character, a shoemaker, who likes to drink pots and "canons" of red wine

Gone: a child, or more generally a resident of Lyon

Gratin de cardon: oven baked cardoon with beef marrow

Gratinée lyonnaise: onion soup with croutons and cheese, particularly good when you have drunk too many "canons"!

Grattons: grilled pork fat (scratchings), served hot or cold, excellent with aperitifs

Guignol: the central character of the Lyonnais puppet theatre, created by Laurent Mourguet. The typical canut, lover of food and wine, ill-educated, with a Lyonnais accent

Jésus - Rosette de Lyon: a sausage made with the best pork and sow meat and hard pork fat, dried for 2 to 3 months.

La Ré: rue de la République (République street)

Lumignon: small candle placed in a glass and stood on windowsills on the evening of 8 December

Mâchon: a good meal, traditional morning meal

Mairie: city hall

Matefaim: a large Lyonnais pancake

Mariste (un): pupil of the Externat Sainte-Marie school in Lyon

Martin (un): pupil of the La Martinière school

Mère lyonnaise: a famous and robust cook who brings her specific character to Lyonnais cuisine. (for example: la Mère Brazier, former teacher of Paul Bocuse)

Omelette sourde: a traditional omelette into which flour is incorporated

Oreillette: see bugne

Paillasson: see crique

Pot: 46cl bottle of wine with a very thick base

Poulet Célestine: chicken sautéed with mushrooms and tomatoes, flambéed with cognac and white wine, seasoned with garlic and parsley

Quenelle: simple oblong-shaped soufflé of fish or poultry, whisked with flour or durum semolina

Sabodet and saucisson à cuire: sausage made with pig's head and rind, to be cooked in red wine or water and eaten hot

Salade lyonnaise: curly leaf salad with bacon, croutons and softboiled eggs

Saucisson brioché: hot sausage cooked inside a brioche

Tablier de sapeur: a preparation of gras-double (beef tripe) in a long grilled slice

Traboule: a typically Lyonnais passage through apartment block courtyards enabling residents to get from one street to the next. Also used as a verb, «trabouler»: to pass through a traboule

Vélo'v: red self-service bicycles

Vogue: a popular festival or fair. The most famous is the Vogue des Marrons et du Vin Blanc Doux in Croix-Rousse, which takes place from late September to 11 November

PERSONAL NOTES

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Send in your tips and favourite places and we will publish them in the next edition (to mobilite@investinlyon.com). Thank you!

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